Welcome, Debra Feammelli to the Chapter Office!

Debra comes to the Oregon Chapter Office with 10 years of experience working for the Oregon Nurses Association. She has a Master in Public Administration and broad experience in communications, ranging from public relations, editing, writing and publishing to print and e-news communications, design and media relations. Her work history has been focused within non-profit organizations because she desires to make a difference in improving the lives of others.

One of the highlights of her professional career was supporting a monthly free childhood immunization clinic in Portland. She also assisted with fundraising for the Foster Grandparent Program where she saw the mutual benefits of low-income older adults tutoring and mentoring special needs children in schools. While with the Oregon Gerontological Association Board of Directors, she helped produce the annual education conference targeting long-term care and health care providers. She also spearheaded an art literacy schools program to introduce children to different ways of viewing art, and she was a member of a leadership team that brought a Kids at Hope expert to local grade school teachers for an intensive workshop centered on the belief system that each child is capable of success with no exceptions.

Debra shares the core values of the profession of social work and our commitment to the entire life span. She will be a great addition to our Chapter Office staff. Please, join us in welcoming Debra to the Oregon Chapter of the National Association of Social Workers!

Debra can be reached at debra@nasworegon.org

Social Workers Day of Action
with Elizabeth Hoffler, NASW national lobbyist for the Social Work Reinvestment Act, as keynote

Thursday March 3, 2011
9am–4pm
Micah Center
680 State Street, Salem, Oregon

Calling ALL Social Workers!

Join with hundreds of social work professionals, advocates, and students as we converge in Salem to advocate for the individuals, families, and communities that we serve every day.

The Social Workers Day of Action is the best way to share our expertise and let our legislators know how critical social services and supports are for vulnerable children and adults in Oregon—particularly in this harsh economic climate.

With record level budget deficits and some really hard choices being made in Salem, they need to hear our voices.

You must be the change you wish to see in the world.
~ Mahatma Gandhi

NASW Oregon’s main legislative focus this session is the federal Social Work Reinvestment Act. If our bill passes, the Oregon Legislature would urge the U.S. Congress to pass this legislation at the federal level.

This is a unique opportunity to educate lawmakers about the social work profession and why it is important for the state—and the nation—to invest in social workers. We need to explain how social workers provide services and leadership in diverse fields ranging from school social work to palliative care, direct services to policy advocacy.

Register now: www.nasworegon.org

View Day of Action schedule: www.nasworegon.org

4.5 CEU credits.

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### Board of Directors

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Email/Contact Details</th>
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</thead>
<tbody>
<tr>
<td>President</td>
<td>Lisa Bates</td>
<td><a href="mailto:LisaBatesD@hotmail.com">LisaBatesD@hotmail.com</a></td>
</tr>
<tr>
<td>Vice President</td>
<td>Barbara Kollmar</td>
<td><a href="mailto:b.kollmar@comcast.net">b.kollmar@comcast.net</a></td>
</tr>
<tr>
<td>Secretary</td>
<td>Bethprana Novi</td>
<td><a href="mailto:Bethprana@gmail.com">Bethprana@gmail.com</a></td>
</tr>
<tr>
<td>Treasurer</td>
<td>Don Schweitzer</td>
<td><a href="mailto:dons@pacificu.edu">dons@pacificu.edu</a></td>
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**Student Representatives:**
- MSW: Eliz Roser
  - elizroser@gmail.com
- BSW: Rosanne Cullen
  - Cullen11@up.edu

### District Chairs

<table>
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<tr>
<th>District</th>
<th>Chair</th>
<th>Email/Contact Details</th>
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<tbody>
<tr>
<td>Metro Portland</td>
<td>Sara Westerfeld</td>
<td><a href="mailto:ariellefay@yahoo.com">ariellefay@yahoo.com</a></td>
</tr>
<tr>
<td>Lane County District</td>
<td>Gina Tormohlen</td>
<td><a href="mailto:Gina.tormohlen@co.lane.or.us">Gina.tormohlen@co.lane.or.us</a></td>
</tr>
<tr>
<td>Rogue Valley District</td>
<td>Gretchen Thiel</td>
<td><a href="mailto:gthiel@pdx.edu">gthiel@pdx.edu</a></td>
</tr>
<tr>
<td>Klamath Falls District</td>
<td>Michele Malott</td>
<td><a href="mailto:riosmama1@hotmail.com">riosmama1@hotmail.com</a></td>
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<tr>
<td>Benton/Corvallis</td>
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<td>Capital Area District</td>
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<td>Central Coast District</td>
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<td>North Eastern District</td>
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### Committee Leadership

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<tr>
<th>Committee</th>
<th>Co-Chairs</th>
<th>Email/Contact Details</th>
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</thead>
<tbody>
<tr>
<td>Aging Network</td>
<td>Sally Stevens</td>
<td><a href="mailto:agingnetwork@gmail.com">agingnetwork@gmail.com</a></td>
</tr>
<tr>
<td>Shemaya Blauer</td>
<td></td>
<td><a href="mailto:agingnetwork@gmail.com">agingnetwork@gmail.com</a></td>
</tr>
<tr>
<td>Continuing Education</td>
<td>Casadi Marino</td>
<td><a href="mailto:casadimario@hotmail.com">casadimario@hotmail.com</a></td>
</tr>
<tr>
<td>Ethics</td>
<td></td>
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<tr>
<td>Event &amp; Conference Planning</td>
<td>Janet Kusky</td>
<td><a href="mailto:jk@nasworegon.org">jk@nasworegon.org</a></td>
</tr>
<tr>
<td>Executive</td>
<td>Lisa Bates</td>
<td><a href="mailto:LisaBatesD@hotmail.com">LisaBatesD@hotmail.com</a></td>
</tr>
<tr>
<td>Finance</td>
<td>Don Schweitzer</td>
<td><a href="mailto:dons@pacificu.edu">dons@pacificu.edu</a></td>
</tr>
<tr>
<td>Legislative</td>
<td>Jessica Ritter</td>
<td><a href="mailto:jritter@pacificu.edu">jritter@pacificu.edu</a></td>
</tr>
<tr>
<td>Maternal / Child Health</td>
<td>Anna Black</td>
<td><a href="mailto:anayatu@earthlink.net">anayatu@earthlink.net</a></td>
</tr>
</tbody>
</table>

### Region Representatives

**Region 1 Representatives** (Clatsop, Columbia, Tillamook)
- Dawn Williamson
  - Dwillia1@linfield.edu

**Region 2 Representatives** (Clackamas, Multnomah, Washington Counties)
- Darren Ford
  - Dfordsuper2009@gmail.com
- Carolyn Mounts
  - carolynpdx1@gmail.com
- Amy Reynolds
  - adreyoind@yahoo.com
- Susanna Remple
  - susannarempel@gmail.com

**Region 3 Representative** (Lincoln, Polk, Marion, Benton, Linn, Lane Counties)
- Nancy Wilms
  - twilms@comcast.net

**Region 4 Representative** (Coos, Douglas, Curry, Josephine, Jackson, Lake Counties)
- Victoria Bones
  - ymohrgan@charter.net

**Region 5 Representative** (Hood River, Wasco, Sherman, Gilliam, Morrow, Umatilla, Union, Wallowa, Baker, Jefferson, Klamath, Deschutes, Crook, Wheeler, Grant, Harney, Malheur)
- vacant

### NASW Oregon Chapter

2929 SW Multnomah Blvd. #201
Portland, Oregon 97219
503-452-8420 (tel.)  •  503-452-8506 (fax)
888-842-8420 (toll free)
nasw@nasworegon.org .......... for general mail, information or questions
delmar@nasworegon.org ......... Delmar Stone, Executive Director
debra@nasworegon.org .......... Debra Feammelli, Assistant Executive Director
JK@nasworegon.org ............. Janet Kusky, Program Coordinator
Jesse O’Brien, MSW Student
Tera Pierce, BSW Student

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From the Executive Director

We will never see the kind of changes we need until our voice is heard in the public media. Across the nation, state legislatures are preparing to make some of the most devastating cuts to social services in history. Here in Oregon, one advocacy group put together a helpful website http://www.oregonbudgetpriorities.org/ to get the word out about pending cuts. It is this kind of tool that can help us educate the public about the importance of the safety net. I hope many of you will help spread the information to Oregonians as we attempt to have the voices of the working poor, the marginalized, and the oppressed at the same decision-making table with big business.

Growing Membership

A few months ago, the chapter’s leadership commissioned a market analysis of social workers in Oregon. There are hundreds of Oregonians with a social work degree who are not NASW members. This pool of non-members represents an opportunity to significantly grow our Association. Despite this opportunity for growth, NASW’s membership growth has flat-lined while the average age of existing members continues to climb. The purpose of this market analysis was to gather data about why people with social work degrees are or are not members of NASW and to help highlight areas where we can grow our membership base, recognizing that we have limited employee resources and a volunteer board of directors. I encourage you to help us as we develop a work plan based on the report’s recommendations. Chapter leadership will be studying the report’s recommendations in the coming weeks and will make implementation a priority at the next board meeting and at the fall retreat.

Your Staff Team

You will be informed of many opportunities to help us grow our association’s strength via this newsletter, website announcements, and e-mail communication. We are only as strong as the growth and involvement of our membership. Already, we have added an assistant executive director to our team in the Chapter Office. Janet and I are looking forward to working with Debra Feammelli. She comes to us with several years of experience in advancing a professional association and skills that will help us to take our Chapter to the next level.

Thank you for your membership. Social workers are the backbone of the safety net. As we welcome Social Work Month and our Day of Action in Salem, March 3rd, let us celebrate our great profession and mission with renewed energy and commitment.

Delmar Stone, Executive Director

From the President

Volunteerism is the core of our profession and a huge part of who we are as people. As social workers, part of our mission is to share our knowledge and experience with those less fortunate and expand the scope of our profession. As a graduate student, I became very involved with NASW as a student representative and was involved in OGSSW at Portland State. This exposure through NASW gave me the opportunity to understand and appreciate the broad needs in the community that we serve. Today, NASW provides an opportunity for me to know more about the areas of social work that are outside my day-to-day practice. As an NASW Board member, I have learned a great deal from my fellow professionals and have expanded my personal growth and knowledge.

Help Lead Your Association

We are currently seeking board members and committee participants to share their experience and volunteer for important positions within NASW. Current openings include President-elect, Treasurer-elect, three regional representatives, Ethics Committee chairman and Nominations Committee members. NASW focuses on establishing practice standards, establishing and maintaining a code of ethics, influencing social policy, educating the public and the media with our outreach, and providing networking and professional development opportunities for our members and continuing education to satisfy licensing requirements.

This is my second experience as an NASW Board member. My NASW experience has provided me the opportunity to understand and appreciate the broad needs in the community that we serve. Today, NASW has allowed me to give back to social work and the community while providing personal growth and development. We welcome your inquiries and participation as part of the leadership of NASW.

Lisa Bates, Chapter President

Chapter leadership positions open —

If you are interested in serving on the Chapter Board or a committee, or as a regional representative, please contact Debra Feammelli, debra@nasworegon.org

See page 2 for a complete list of committees.
District News

Rogue District Invites You to Celebrate Social Work Month 2011!

The Rogue District of NASW has several activities planned to celebrate National Social Work Month.

Day of Action, March 3, 2011

First, we are organizing a contingent from the Rogue Valley to participate in Day of Action in Salem on March 3. A group of social workers will travel to Salem on Wednesday evening, March 2, attend the events of Day of Action on Thursday from 9:00-4:00, and then return to the Rogue Valley Thursday evening. The state chapter is covering the cost of transportation. Lodging will be arranged by the group attending. If you are interested in participating, please contact Victoria Bones as soon as possible at vmohrgan@charter.net or 541-482-0791.

An Introduction to Mindfulness Workshop
March 16, 2011

On Wednesday, March 16, the Rogue District will sponsor this workshop by Martha Hutchison, LCSW, from 8:15-11:30 a.m. at the Smullin Center in Medford. Martha is the Program Manager for the Access Crisis Team at Jackson County Mental Health. The majority of Martha’s social work career has been in the area of adult mental health in Alaska where she practiced for 19 years. While in Alaska she also had a private practice and worked in community mental health. Martha is also trained in the art of spiritual direction. Her interest in Mindfulness is an outgrowth of her interest in the interface of spirituality and direct social work practice. Her training/practice in mindfulness is grounded in Dialectical Behavioral Therapy Mindfulness and the study of various meditation practices. In this workshop participants will be able to define mindfulness and describe its possible effects; will be able to identify when mindfulness would be an appropriate intervention/treatment strategy; will learn three specific mindfulness practices to use with self and others; and will be able to describe how mindfulness is a meta tool for social work practice. This workshop is open to other mental health professionals as well and earns three (3) CEUs. For registration and fee information, contact gthiel@pdx.edu.

Complimentary Luncheon for Social Workers to Honor and Celebrate Our Profession, March 16, 12:00-1:30 p.m

The Rogue District will host a complimentary lunch for social workers — NASW members, non-members, and MSW students — at the Smullin Center. Attending our luncheon this year will be the new Executive Director of Oregon NASW, Delmar Stone. This will be a time to connect, socialize, and network with one another and learn about the activities of the Rogue District. We will also hold a raffle to support a book scholarship for local MSW students. (Last year’s raffle created two $300 book scholarships, which were awarded to local MSW students.) RSVPs are required so please RSVP by March 9 to gthiel@pdx.edu or 541-552-8111. Please plan to join us!

Lane County District Brown Bag Meetings

Join us at our monthly brown bag meetings, featuring speakers and networking for social workers wanting to get to know other professionals in Lane County.

1.5 CEs usually offered at each event.

MEETING DAY/TIME:
Usually 1st Tuesday of the Month,
11:30PM-1:00PM

LOCATION:
Lane County/Mental Health,
2411 MLK Jr. Blvd., Eugene

EMAIL: Gina Tormohlen,
gina.tormohlen@co.lane.or.us
to confirm and be put on the mailing list.
Save the Dates!

On April 15, 2011 the Oregon Chapter NASW will sponsor “Strength-Based Supervision: An Integrative Approach to Clinical Licensing” presented by Susie Snyder, LCSW. This training will be held in the Legacy Good Samaritan Hospital Building 2 Auditorium (www.legacyhealth.org) from 9-4:30 (registration at 8:30 am). This workshop is designed to meet the 6 hours of Supervision required by the State Board of Social Workers for social workers wanting to supervise MSWs. To register, go to www.nasworegon.org or see page 9.

On May 6, 2011 the Oregon Chapter NASW is sponsoring “Becoming a Better Person: Ethics and Virtue Development for Social Workers and Clients,” presented by Brad Pendergraft, LCSW, at Legacy Good Samaritan Hospital Building 2 Auditorium from 9-4:30 (registration at 8:30 am). This workshop is designed to meet the 6 hours required by the State Board of Social Workers for Ethics. For updated information and registration options, please go to Oregon Chapter’s website: www.nasworegon.org or see page 9.

Supervision Group

On-going for clinicians needing to meet LCSW or LPC requirements as well as for those seeking to continue post-licensure consultation. Individual supervision in addition to group is also available. Our focus is to be of service to your total professional development, not just the refinement of clinical skills.

We offer a broad combined clinical background serving adults, adolescents, children and families. Additionally we provide a specialized care focus for trauma survivors and those with addiction issues. Experienced working within managed care, employee assistance, public agency and hospital systems and working with both short term and intensive longer term psychotherapy models.

For further information please contact co-leaders:

Steve Hand LCSW (503) 590-7029
Donald Mann LCSW (503) 228-1939

Invitation to Join the NASW Book Club

Wednesday, March 16
“The Moral Landscape”
By Sam Harris

Earn 1.5 Free CEU Credits Each Month

The NASW Book Club holds meetings on the third Wednesday of each month from 6:30-8 PM. For more information call Sally Stevens, 503-702-8321, for the next meeting location. Usually, we meet at a book member’s home in central Portland.

We read a non-fiction book each month that contributes to our understanding of social work practice concerns relevant to the book group members, to increase our sensitivity to diversity issues and ethics, and to contribute to our personal pleasure as social workers. A member does not have to commit to attend every month to participate. We receive 1.5 CEU credits free from NASW for each month’s book reading and discussion we attend.

This is a partial listing of past books read by the NASW Book Group:

“In Search of Memory” by Eric R. Kandel;
“Nurture Shock: New Thinking about Children” by Po Bronson and Ashley Merryman; “Crazy Like Us: The Globalization of the American Psyche” by Ethan Watters; “Nasty Brutish and Long: Adventures in Old Age and the World of Eldercare” by Ira Rosofsky; “The Dance of Connection” by Harriet Lerner; “The Boy who was Raised as a Dog” and other stories from a child psychiatrist’s notebook; “What Traumatized Children can Teach us About Loss, Love, and Healing” by Bruce Perry; “Staring at the Sun: Overcoming the Terror of Death” by Irvin Yalom; “Why are all the Black Kids Sitting Together at the Cafeteria?” by Beverly Daniel Tatum; “Slavery By Another Name” by Douglas Blackmon; “Mountains Beyond Mountains” by Tracy Kidder; “Mindsight: the New Science of Personal Transformation” by Daniel Siegel, MD; “Transition and Beyond: Observations on Gender Identity” by Reid Vanderburgh.
Clinical Social Workers Needed for DSM-V Field Trials

Mirean Coleman, MSW, LICSW, CT
Senior Practice Associate, NASW National Office

The American Psychiatric Association is seeking clinical social workers to participate in field trials for the fifth edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-V). The field trials are designed to test the feasibility and clinical usefulness of the proposed diagnostic criteria and measures in clinical settings. The trials also examine whether the measures capture changes in patients’ symptom levels over time and are informative for treatment planning.

Clinical social workers who volunteer to participate will be recognized as contributors in the DSM-V and receive continuing education credits for participation in the field trials and completion of a required online DSM-V training session.

NASW encourages clinical social workers to participate in the DSM-V field trials. Since clinical social workers use the DSM when diagnosing a patient for mental illness, their participation is germane in the development process. Additional information about the field trials and how to volunteer is available online at: http://www.psych.org.

Call for papers, Workshops and Roundtables

Due Date: Thursday, March 17, 2011 by 11:59 p.m.
for
Protecting the Safety Net – Building Strong Communities:
Innovations in Community, Organizational and Policy Practice Conference

June 4, 2011, 9:30 a.m. to 8 p.m.

The School of Social Work at Portland State University is co-hosting a one-day conference on the theme: “Innovations in Community, Organizational and Policy Practice.”

Hosts of this event include:
- School of Social Work, Portland State University (Community-Based Practice Concentration)
- NASW Oregon Chapter
- Social Work Action Alliance

We invite submissions from students, community members and faculty to present at the conference. At least one member of the presentation group must hold a social work degree or about to complete such a degree.

For more information about submission requirements, the submission process and event goals, go to the NASW Oregon Chapter Web site www.nasworegon.org and see information under “Announcements.”

ANGER MANAGEMENT

for MEN

- For men with anger issues at work, with social contacts, or in public.
- 18 weekly group sessions.
- We also provide domestic violence intervention.

Program Directors: Paul Lee, LCSW
Roberto Olivero, Ph.D.

503-235-3433
www.portlandmrc.com

Social Work and Aging Free Breakfast Forum

Presented by the NASW Oregon Chapter Aging Network

Tuesday, March 1, 2011
8:30 a.m. to 9 a.m.

Complimentary breakfast provided by Russellville Park Retirement Community
9 a.m. to 10 a.m.

Presentation (1 CEU approved by Oregon NASW)

“Guardianships and Legal Relationships: How and When They Can Be Helpful”

Presented by Holly Berman, LCSW and Certified Guardian

Hosted and sponsored by:
Russellville Park Retirement Community
20 SE 103rd Ave., Portland, OR 97216 (E 102nd Ave. Max Station)
Parking available in the West building garage off Ankeny St. (look for balloons) as well as street parking

*RSVP Required: agingnetwork@gmail.com

Please feel free to share this information with colleagues, everyone is welcome.

We look forward to seeing you, Aging Network Steering Committee.
SocialWorkers.org

NASW Web Site – New Design

Our National Web site has been redesigned to increase access to and interest in Association tools, services and information for members and social work stakeholders. The new homepage design is the kick-off to several new exciting changes this month.

Project Objectives:
• Enhance external search engine optimization.
• Improve navigation for direct traffic site visitors.
• Raise the priority of high-value member content.
• Maximize interactivity within the limitations of a static website.
• Organize content by subject instead of department.

Here are a few redesign highlights:
1. New text-rich homepage design improves search engine optimization (SEO).
2. Emphasized search bar drives traffic to the Social Work Portal.
3. Drop-down navigation bar reduces clicks and includes rollover instructions that can be read by devices used by persons with disabilities.
4. Main Feature remains. Content will be shaped by an editorial calendar.
5. What’s New section still shows visitors the most recent posts from all areas on the site.
6. Jobs on the Career Center site are featured on the homepage and have a filtering option.
7. Content from the NASW NEWS is featured on the homepage.
8. All CE web properties and opportunities are consolidated in a live feed.
9. New journals, books and guides appear on the homepage when they are posted to the NASW Press site.
10. A new Page Footer provides quick links to high traffic areas of the SocialWorkers.org site.

www.nasworegon.org
NASW OREGON CHAPTER • Page 7
Incorporating Mindfulness in Social Work Practice: A Vertically Integrated, Holistic Approach

Presented by Steven A. Alper, L.C.S.W.

Lately we hear the words “mindfulness” and “mindful” applied to everything: from therapy and therapists, to brains, bodies, leadership, parenting and politics. But what is mindfulness really? More important, how might mindfulness be relevant to social workers and social work practice in any domain and level of practice? This presentation demystifies and clarifies what mindfulness is and is not, and teaches a holistic, generic model of mindfulness in social work practice. Although developed originally for psychotherapists and clinicians, the model illuminates the many ways that mindfulness can enhance social work effectiveness and practice outcomes not only for clinicians but for supervisors, administrators, executives, academics and policy makers in any domain of social work practice. Through lecture, discussion, experiential exercises and guided meditations, participants will learn how best to incorporate mindfulness practices and perspectives in his or her own professional social work practice; both to increase effectiveness and to enhance professional satisfaction and resilience.

Steven A. Alper, L.C.S.W. has over eighteen years experience teaching Mindfulness-Based Stress Reduction (MBSR) to several thousand patients with a broad range of stress sensitive illnesses, psychiatric disorders, and chronic pain syndromes. In 1994 he established the first hospital-based MBSR program in southern California at the University of California San Diego Department of Psychiatry, and in 1995 established the MBSR program at what is now the Scripps Center for Integrative Medicine in La Jolla, CA. Steve has trained hundreds of professionals across the U.S. and Europe in Mindfulness-Based Interventions. He has over 30 years experience as a psychotherapist, trainer and consultant and has been an ardent practitioner of mindfulness meditation in several Buddhist traditions for 28 years. He has a private practice and is a Clinical Instructor in the Department of Psychiatry at University of California, San Diego, School of Medicine.

Registration Fees (Includes Luncheon)

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Refund Policy: Participants who are unable to attend the event and contact NASW at least two weeks prior to the event may request a refund, minus a $10 processing fee, or a credit in the full amount towards a future workshop registration sponsored by NASW Oregon Chapter.
NASW Oregon Sponsors Spring 2011 Workshops

Strength-Based Supervision: An Integrative Approach to Clinical Licensing (6 CEs)
April 15, 2011, 9 a.m. to 4:30 p.m.
Registration and continental breakfast at 8:30 a.m.
Location: Legacy Good Samaritan Hospital, Building 2 Auditorium, 1040 NW 22nd Ave., Portland (www.legacyhealth.org)

This is an informative and interactive workshop for social workers wanting to enhance their skills in providing clinical supervision. The workshop will strive to balance meeting the needs of both new and seasoned supervisors. It will cover the basic requirements of supervision, but more importantly, help both experienced and newer supervisors to enhance their repertoire of effective approaches and skills to use in clinical supervision.

Particular attention will be given to: identifying and building on supervisee strengths, building a collaborative alliance, helping clinicians to become more self-reflective and to hone their clinical skills, and dealing with difficult supervisory challenges including how to make skillful use of supportive confrontations. The workshop will integrate ideas from narrative theory and trauma-informed approaches, as well as emotionally focused, interpersonal, and mindfulness models.

The workshop is designed to meet the six hours required by the State Board of Social Workers for social workers wanting to supervise MSWs.

Presented by Susie Snyder, LCSW
Ms. Snyder is an Assistant Professor at the School of Social Work at Portland State University. She also maintains an active private practice providing counseling, supervision, agency consultation and training. She has a background in community mental health and in school-based social work and currently works with children, adults, couples and families. Ms. Snyder has provided workshops throughout the United States in a range of topics including Clinical Supervision, Narrative Therapy, Play Therapy, Working with Parents and Families, Solution Focused Therapy, Advanced Empathy, and Integrative Approaches to Working with Trauma.

Becoming a Better Person: Ethics and Virtue Development for Social Workers and Clients (6 CEs)
May 6, 2011, 9 a.m. to 4:30 p.m.
Registration and continental breakfast at 8:30 a.m.
Location: Legacy Good Samaritan Hospital, Building 2 Auditorium, 1040 NW 22nd Ave., Portland (www.legacyhealth.org)

This highly active and interactive workshop will make you forget everything you ever thought about “boring” Ethics workshops!

This workshop provides an alternative to standard discussions of Ethical dilemmas and situations. It draws from the 2000-year history of Virtue Ethics to focus not on “What is the right thing to do?” but on “Who do I want to be?” Virtue Ethics considers every moment of life to be morally relevant. This workshop will focus on the daily habits social workers must develop to strive toward the goal of “doing the right thing, at the right time, in the right amount.” Come prepared to engage with the material and your colleagues, to learn, grow, and have fun!

Presented by Brad Pendergraft, LCSW
Brad Pendergraft, LCSW, is known for his humorous and dynamic presentation on topics including: Ethics, Solution Focused Counseling, Suicide Assessment and Intervention, Clinical Supervision, and Telephone Counseling.

Mr. Pendergraft is the former co-chair of the Ethics Panel of the Employee Assistance Professionals Association. He has a Master’s degree in Philosophy and a MSW, both from UCLA. He is a frequent guest lecturer on Ethics at Portland-area Social Work programs. He has presented on Ethics at national conferences such as the American Association of Suicidology and the Employee Assistance Professionals Association, and at the Oregon NASW Statewide Conference. He is the Director of the Lifetime Optimization Clinic, which uses Brainwave Optimization and Neuro-Strategic Therapy for outstanding client outcomes.

Refund policy: Participants who are unable to attend the event they registered for and contact the Chapter office prior to the event may request a refund minus a 10 percent processing fee, or a credit in the full amount towards a future NASW workshop.

March 26, 2011 at the University of Portland Buckley Center Auditorium (Saturday, 9am to 4pm)—6 CEUs Pending

Sponsored by Oregon NASW in co-sponsorship with the University of Portland Social Work Program; Association of Social Work Students; School of Nursing Student Association; and the Student Feminist Group at the University of Portland.

‘Intimate partner violence’ (IPV) is often both subtle and insidious, and affects the men, women, and children in every level of our community. Through a series of workshops this conference will provide attendees with new ideas for assessing and addressing IPV among those we serve. There is a focus on modes of primary prevention, as well as sharing new ideas in treatment for both victims and perpetrators. Participants will be able to choose from a variety of workshops according to their interests. Lunch is included with registration.

**Keynote Speaker:** Kris Billhardt, director of the Home Free program at Volunteers of America. Dr. Billhardt is a nationally renowned author. Her program is a best-practice model for treatment of IPV victims currently being evaluated by the Center for Disease Control and Prevention.

**Morning sessions:** A choice between two 45 minute sessions OR one 90 minute session:
1. Chiquita Rollins, Multnomah County Domestic Violence Coordinator, The Impact of Housing Instability on Survivors of Domestic Violence and Implications for Policy and Practice (45 min);
2. Lucrecia Suarez and Catherine Fixe, Mindfulness Yoga Trauma Interventions for victims of IPV (45 min); OR
3. Robert Crowell, Mankind Project NW, will discuss the New Masculinity, with a focus on primary prevention work with men (90 min).

**Afternoon sessions:** A choice between two 45 minute sessions OR one of the two 90 minute sessions:
1. Stacey Womack, Founder and Executive Director for ARMS, Domestic Abuse and the Struggles Women of Faith Face (45 min);
2. Chris Huffine, Founder and Clinical Director of Allies in Change, Hidden Right Before Your Eyes: Understanding, Screening for, and Intervening with Anger and Domestic Violence (45 min); OR
3. Marci Nelson, Coordinator for the Center for Victims’ Services, Understanding Domestic Violence from a Victim/Survivor Perspective. This workshop includes an IPV survivor sharing her experiences and being available for a Q&A (90 min);
4. Howard Hiton, Stephen Grant, and Peter Mortola of BAM (Boys Advocacy and Mentoring), Helping Boys Make Better Contact (90 min).

Please e-mail Sutton14@up.edu for additional information.
Register at: www.nasworegon.org.
PSU School of Social Work

Presents the 2011 Charles Shireman Memorial Lecture by

Dr. Tony Biglan

We Can Reduce Crime, Drug Addiction, Depression, and Academic Failure in Oregon through Evidence-Based Preventive Interventions

Thursday, February 24th, 2011,
4:30-6:30pm; lecture begins at 5:00 p.m.
Reception, Lecture

Panel of local experts:

Rick Cady
Prevention Manager
National Prevention
Network Rep
Addictions & Mental Health Division
Oregon Health Authority

Mary Ellen Glynn
Executive Director
Alcohol and Drug Policy
Commission
State of Oregon

Jean Kjellstrand
Researcher
Promise Neighborhood
Research Consortium
Oregon Research Institute

School of Social Work, Donna Beegle Community Classrooms
Academic and Student Recreation Center, 6th Floor
1800 SW 6th Avenue, Portland OR 97201

This event is free and open to the public
Please RSVP at http://2011shiremanlecture.eventbrite.com/
For questions, leticia.cortinas@pdx.edu or (503) 725-9914

Dr. Biglan is a Senior Scientist at Oregon Research Institute, Principal Investigator of the Teacher Wellbeing Project, Director of the Center on Early Adolescence, and Co-Principal Investigator of the Promise Neighborhoods Research Consortium. He has been conducting research on the prevention of adolescent problem behaviors including numerous experimental evaluations of interventions to prevent tobacco, other drug use, high-risk sexual behavior, reading failure, and aggressive social behavior.

Co-sponsors:
PSU Educational Activities
Speaker’s Board
New Avenues for Youth
Portland Children’s Levy
National Association of Social Workers—Oregon Chapter
PSU Center for Interdisciplinary Mentoring Research
PSU Regional Research Institute
Center for Improvement of Child and Family Services
PSU Graduate School of Education

Community Partners:
Friends of the Children
Legacy Health System
Self Enhancement Inc.
Earn 6 CEs at Home!

**DVD: The Many Facets of Addiction**

*Presented by Claudia Black, MSW, Ph.D.*  
*Sponsored by NASW Oregon Chapter; filmed in Portland on March 13, 2009*

Addiction is a critical factor in the preponderance of work with families and individuals. In this dynamic presentation, nationally renowned author Claudia Black addresses the many facets of addiction, including trauma, co-occurring disorders, multiple addictions, abandonment and family impairment. She will also discuss critical treatment issues and offer a variety of intervening strategies for social workers and allied professionals.

**To rent the DVD, visit:**  

**Group Rates Available.**  
For more information, contact Chapter Office at: nasw@nasworegon.org or 503-452-8420.

*Please allow 5-10 business days to process your order. Once your order is processed, you will receive a set of four DVDs, a post test and a prepaid return envelope. The DVDs and completed post test must be returned to NASW within 30 days. Your CE certificate will be issued within two weeks.*

---

Earn 6 Ethics CEs at Home!

**DVD: Boundary Issues and Dual Relationships in Social Work**

*Presented by Dr. Frederic G. Reamer*  
*Filmed in Portland on March 2, 2007*

Is it ever appropriate for social workers to maintain relationships with clients after services are terminated? Should social workers ever disclose personal information to clients? How should social workers respond to gifts and social invitations from clients, or handle unexpected encounters with clients? Using extensive case material, Dr. Reamer provides a comprehensive overview of boundary issues and dual relationships that arise in various human service settings. Participants will learn how to identify and respond constructively to complex boundary issues, protect clients, prevent professional malpractice, and avoid liability.

**To rent the DVD, visit:**  

**Group Rates Available.**  
For more information, contact the Chapter office: nasw@nasworegon.org.

*Please allow 5-10 business days to process your order. Once your order is processed, you will receive a set of four DVDs, a post test and a prepaid return envelope. The DVDs and completed post test must be returned to NASW within 30 days. Your CE certificate will be issued within two weeks.*
**7th Annual NIMH* Conference**

**Dialectical Behavior Therapy (DBT): State of the Art and Science**

*Keynote Speaker*

**Marsha M. Linehan, Ph.D., ABPP**

Professor of Psychology, Adjunct Professor of Psychiatry and Behavioral Sciences, University of Washington; Director of the Behavioral Research and Therapy Clinics

Professor Martin Bohus, M.D., Kate Comtois, Ph.D., Linda A. Dimeff, Ph.D., Anthony Dubose, Psy.D., Alan E. Fruzzetti, Ph.D., Melanie Harned, Ph.D., Perry D. Hoffman, Ph.D., Kelly Koerner, Ph.D., Katie Korslund, Ph.D.

**REGISTRATION**

[www.borderlinepersonalitydisorder.com](http://www.borderlinepersonalitydisorder.com)

Professional: $275  Family/Consumer: $125

Application has been made for Continuing Education Credit hours to NASW-WA.

**Seattle, Washington – April 2-3, 2011**

Kane Hall, University of Washington

National Education Alliance Borderline Personality Disorder

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**Comprehensive Eating Disorder Treatment**

503-226-9061

Individual, Family & Group Therapy

*Free* Support Groups:
One for Families & One for Sufferers

Consultation & Inservices

Steps to Recovery Pamphlets

*A Better Way*

Counseling Center

State Certified Mental Health Center

818 NW 17th Avenue  •  Portland, Oregon 97209  •  503-226-9061

[www.abwcounseling.com](http://www.abwcounseling.com)

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**EMOTION-FOCUSED THERAPY FOR COUPLES**

*with Leslie Greenberg, Ph.D. on April 9, 2011*

AN ADVANCED, SMALL GROUP TRAINING INTEGRATING THEORY AND PRACTICE (6.5 CEU'S)

**Sponsored by**

[edwardspsychotherapy.com • 503.222.0557](http://edwardspsychotherapy.com • 503.222.0557)

**Individual Therapy  •  Care Management**

**Clinical Supervision Toward Licensure**

Offering an integrated approach to help people see themselves more clearly and find ways to meet goals.

Sixteen years of experience assisting adults address problems ranging from adjusting to life changes and stresses to living with severe mental illness.

**Michelle Blum, L.C.S.W.**

(503) 939-0264

[www.blumtherapy.com](http://www.blumtherapy.com)
Other CE Offerings

Feb. 22, 6-7:30pm, Cancer Survivorship and Quality of Life, sponsored by Providence Cancer Center, held in Portland. No charge, 1.5 hrs. 503-215-3204

Feb. 24-27, Thurs. 7-9pm, Fri-Sat 9:30-5:30pm, Sun 10-1pm, When Love Hurts: Peace Begins in the Family, sponsored by the Human Systems Institute, held in Portland, $345, 16.25 hrs. 503-293-0338

Feb. 25, 9-12 noon, Aggression and Bullying Among Youth: Practical Strategies for Prevention and Intervention, sponsored by Cascades East AHEC and St. Charles Health System Foundation, held in Bend. $5, 2.75 hrs. 541-706-2603


Feb. 26, 9-5:30pm The Enneagram: Understanding the Nine Points of View in Relationships, Work & Spiritual Development, sponsored by Enneagram Portland, LLC, held in Eugene, $150 early registration/$175 general registration, 7 hrs. 541-686-1610

3/1/11 – 2/28/12, Financial Qualification for Oregon’s Long-Term Care Medicaid, sponsored by Financial Aid Center for Long Term Care. No charge, 1 hr. 888-870-5467

Mar. 3, 9-4pm, “NASW Oregon Social Workers Day of Action” sponsored by Oregon Chapter, NASW, held in Salem. Fee: sliding scale, 4.5 hrs. 503-504-8627.

Mar. 4, 9-11am, Blue Genes, sponsored by Cedar Hills Hospital, held in Happy Valley, no charge, 2 hrs. 503-535-7204


Mar. 11, 9-4:30 pm, It’s All in the Family: A Process Work Approach to Working with Families and Children, sponsored by Mary Shaffer, MA and Paul Giancarlo, LCSW, held in Ashland. $120-140, 6 hrs., 541-482-3314

Mar. 12, 8:45-3:45pm, Breast Cancer Issues Conference, sponsored by Susan G. Komen, held in Portland, $65, 4.75 hrs. 800-404-8241


Mar. 16, 8:15-11:30 am, An Introduction to Mindfulness sponsored by Rogue District, Oregon Chapter NASW, held in Medford. $35-65, 3 hrs., 541-941-0202


Mar. 31, 8-3:30pm, (repeats 4/1/11 in Tukwila, WA) The Challenge of Behavioral Dyscontrol Following Brain Injury, sponsored by HEALTH EDucation Network, LLC d/b/a/ HEALTH ED, held in Portland, $179, 6 hrs. 800-839-4584

April 1-2, 9–6pm, Sacred Art of Living & Dying: Unit Two sponsored by Sacred Art of Living Center, held in Newport, $350, 15 hrs. 541-383-4179

April 15, 9–4:30pm, Somatic Resources, Body Awareness and Physical Action in the Treatment of Trauma, sponsored by MHREN, held in Medford, $80-140, 6 hrs. 541-941-9246

April 15-16, 9–6pm, Sacred Art of Living & Dying: Unit Two sponsored by Sacred Art of Living Center, held in Springfield, $350, 15 hrs. 541-383-4179

April 28, 8-3:30pm, Reducing Risk for Alzheimer’s and Other Age-Related Cognitive Decline (repeats 4/29/11 in Tukwilla, WA) sponsored by HEALTH EDucation Network, LLC d/b/a HEALTH ED, held in Portland, $179, 6 hrs. 800-839-4584

May 6-11, 8:30–6:30pm, Resonance Therapy ™ Seminar, 3 Day Foundational Seminar and 6 Day Comprehensive Seminar, sponsored by Sierra L. Levy, N.D., L.Ac., held in Portland, $795, 24.25 hrs. for 3 day training, $1499, 48.5 hrs. for 6 day training, 503-575-0625

May 6–7, 9-6pm, Sacred Art of Living & Dying: Unit Four, sponsored by Sacred Art of Living Center, held in Salem, $350, 14 hrs. 541-383-4179

June 3, 9-4:30pm, Juvenile Onset Bipolar Disorder, sponsored by MHREN, held in Medford, $80-140, 6 hrs. 541-941-9246

June 3-4, 9–6pm, Sacred Art of Living & Dying: Unit Two, sponsored by Sacred Art of Living Center, held in Spokane, WA, $350, 15 hrs. 541-383-4179

June 9-10, 9–6pm, Sacred Art of Living & Dying: Unit Two, sponsored by Sacred Art of Living Center, held in Federal Way, WA, $350, 15 hrs. 541-383-4179

NASW, Oregon Chapter’s Continuing Education application fees are:

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Applications are to be submitted 4 weeks (20 business days) prior to the date of the conference. Completed applications received 2 weeks (10 business days or less) before the date of the conference will be assessed a late fee of $25. Please call the chapter office at 503-452-8420 if you have questions.
For a full listing of CE workshops approved by NASW, visit our new web site: http://nasworegon.org/continuing-education/ce-offerings-approved-by-nasw/

June 17, 8-3:30 pm, (repeats 6/10/11 in Seattle/Renton, WA)
Restoring & Revitalizing Marital Sexuality, sponsored by HEALTH Education Network, LLC d/b/a HEALTH ED, held in Portland, $179, 6 hrs. 800-839-4584

July 16-26, (times vary) Voice Dialogue “Summer Camp” Training Intensive, sponsored by Voice Dialogue Center NW, held in Damascus, $1850-2600, 64 hrs. 503 867-7545

Items below the line have been submitted for approval and are pending.

Mar. 17, 8:30-3pm, Mind of a Healthy Family, sponsored by Northwest Family Services, held in Portland. Fees vary, 503 546-6377


April 15, 8:30-3:30pm, NAFA’s 2011 Conference on Adoption, sponsored by NAFA with Coalition of Oregon Adoption Agencies, held in Portland. $50, 503-243-1356

April 15, 9-4:30pm, Strength-Based Supervision: An Integrative Approach to Clinical Licensing sponsored by Oregon Chapter NASW, held in Portland. $35-145, www.nasworegon.org


Call for Interest: NASW Oregon Sustainability Network
• Do you want to join other social workers in the fight against the ongoing environmental degradation that threatens the health and even the continued survival of our communities?
• Do you want to learn and teach others about the connections between environmental justice and social justice?
• Do you want to find new ways of doing things to make social work practice and social policy more sustainable and more in harmony with the natural world?

The Network would be open to all NASW Oregon members. If you are interested, contact Jesse Ellis O’Brien, NASW intern, at jesseellisobrien@gmail.com or (503) 504-8627

Save the Date March 11, 2011
NASW Oregon Celebrates Social Work Month
See page 8 for more information.

For a full listing of CE workshops approved by NASW, visit our new web site: http://nasworegon.org/continuing-education/ce-offerings-approved-by-nasw/

Private Practice Handbook
2009 Edition Now Available!

Fees:
$30 NASW Members
$40 Non-Members
Plus $4.95 Shipping & Handling

Contents:
General Practice Issues
Private Practice Issues
Ongoing Practice Issues
Closing Practice Issues
Financial Considerations
Documentation
Legal and Safety Considerations
Supervision & Consultation
Ethical Considerations
Resources
References
CD (Sample Forms)

To order the handbook, visit:
http://nasworegon.org/resources/private-practice-handbook/
Comfortably furnished office in Multnomah Village for sublease. Available part-time. Conference room, wait area, and parking included. $100/month for one day per week. Contact Miki Barnes 503-319-3088.


ADS

Men’s Therapy Group
for adult survivors of sexual abuse.


Contact Donald L. Mann, LCSW 503-228-1939, or email dmann@spiritone.com

NASW Oregon Chapter 2011 Advertising Rates

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<td>$30</td>
<td>$27</td>
<td>$54</td>
<td>$48.60</td>
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Add $25 for non-camera ready ads.
NASW members receive an additional 10% discount on all advertising rates (as shown above).
Free Risk Management Hotline
For All NASW Members

A free risk management hotline is now available to all NASW members, as well as professional liability insurance policyholders. The hotline specializes in risk management information to help members avoid licensing board complaints and malpractice law suits. Call 800.421.6694 for more information.

Introducing…

NEW HEALTH CHOICES

Introducing…

NEW HEALTH CHOICES

gives NASW Members access to trained health benefits consultants who scan the nation’s leading, A-rated insurance companies to find coverage that meets your needs and your budget.

It’s one-stop shopping for:
- Major Medical Plans
- Dental Benefits
- Vision Benefits

Call Today For Your NO COST...NO OBLIGATION QUOTATION

866-206-8509
Weekdays 8 AM - 7 PM Eastern

How can NASW Assurance Services help me if I live in NY, NJ, WA, MA, HI, ME, VT or RI? Currently, these states require individuals to apply directly with mandated carriers for major medical coverage. You can still obtain guaranteed products including dental and vision coverage.

As a Social Worker…
You are exposed to many potential malpractice lawsuits.

Be smart – protect yourself, your livelihood, and future ability to help others!

Here are some FACTS about your safety net...

You can apply for liability coverage amounts of $1,000,000 per claim/$1,000,000 aggregate per year or as much as $2,000,000 per claim/$4,000,000 aggregate per year.

FACT

The cost of $6 a month (or even less) for the first year is the best value in the marketplace.

FACT

You can tailor flexible coverage options to meet your needs - it's perfect for independent contractors, private practitioners, exclusively employed individuals, partnerships, corporations, schools, students, and more.

FACT

This program insures the largest pool of social workers worldwide, so you'll have the added security of strength in numbers for rate stability and claims experience.

FACT

The NASW Professional Liability rates have not increased in over 15 years.

FACT

Online policy renewal with convenient credit card payment option is now available.

You can apply now, with no risk.
Just call the American Professional Agency, Inc. and ask for the Social Work Department at (800) 421-6694

To get more information online and download an application, visit www.naswassurance.org.

The program is created and overseen by Social Workers exclusively for Social Workers.

The NASW Assurance Services Sponsored Professional Liability Coverage is underwritten for American Home Assurance Company and Granite State Insurance Company in CA, both A rated companies, rated by A.M. Best. © 2009 National Association of Social Workers. All Rights Reserved.
Welcome New Members

The Oregon Chapter wants to welcome the following new members who joined NASW. We thank you for your membership and look forward to getting to know you.

**NOVEMBER**
- Rachael Berkeley
- Sandra L. Hall
- Shila Henderson
- Alison M. Johnson
- Marijana Knez
- Nicole Rukaveno-Cooper
- Kimberly Marie Seavert
- Cathy Spillman
- Patrick J. Treleaven
- Desiree Wiercyski

**DECEMBER - JANUARY**
- Carol Adams
- Lana Brewer
- Nicole Carter
- Juliane R. Chapman
- Susanne Gilliland-Williams
- Jorjan Jay Parker
- Toni K. Jacobson
- Sarah Marble
- Sharla J. Phelps
- James Saxton
- Heidi Wartena
- Adam Everett White
- Lisa R. Williams
- Morganna W. Wolf

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**WHEN LOVE HURTS**

**A Trans-generational perspective on Domestic Violence & Abuse**

**FEBRUARY 25-27, 2011**

**A Workshop with Raquel Schlosser, MA, MEXICO.**

Expert in women’s issues & domestic conflict.

**LEARN HOW TO:**

- Release trans-generational patterns that perpetuate violence.
- Use systemic-somatic principles to unravel the hidden loyalties that keep victims trapped.
- Use the Family Constellation approach to find strengths and resources for all involved.

**REGISTER** at [http://conta.cc/dxEq32](http://conta.cc/dxEq32)

[info@human-systems-institute.com](mailto:info@human-systems-institute.com)

503-293-0338.

<table>
<thead>
<tr>
<th>Issue</th>
<th>Article Deadline</th>
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<tr>
<td>Spring</td>
<td>March 15</td>
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<td>Summer</td>
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<tr>
<td>Fall</td>
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All articles are subject to space availability and approval by the editor, and will be considered based on the appropriateness of the content and whether it will be of broad interest to our members.

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**Newsletter Article Submissions**

The National Association of Social Workers, Oregon Chapter is committed to providing relevant and timely product and resource information in our quarterly newsletter, The Nexus, to our practicing social work members. We are seeking authors to write articles on a range of topics of interest to our members, according to the following guidelines.

Articles must provide information that is useful, relevant, and of interest to social work practitioners from a diverse range of practice settings. Ideas for topics might include new practice modalities, new clinical research, case studies, or how social workers might address prominent social issues. We also seek contributions related to diversity/cultural competency, advocacy and social justice, ethics and private practice.

Creative, evocative, and humorous yet thought-provoking content is appreciated. We prefer articles that provide comprehensive information in a succinct manner. This should include brief vibrant paragraphs, the avoidance of jargon and overly complicated terminology, clear and concise sentences, and when necessary bulleted or listed items. In-text citations should be used, with no more than five references. Resource lists may be included.

Article length should be between 350 to 1,000 words. All articles must be submitted in a Microsoft Word document to debra@nasworegon.org.

Articles must be accompanied by the author’s full name, highest degree and any licenses. An e-mail address for the author(s) must be provided for print with each article.

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503-293-0338.

CEU’s pending