March is National Social Work Month
Social Workers Inspire Community Action

In every community, there are people who go above and beyond their usual work to make a significant difference in the lives of thousands. These advocates can come from every discipline, but many times they are social workers.

Social Workers often work in positions and organizations that allow them to see the full impact of a larger social problem in a community. Many are driven to launch and lead efforts that address the root of such problems. These dedicated individuals are who the National Association of Social Workers seeks to honor this March during National Professional Social Work Month. The theme for this year’s celebration is “Social Workers Inspire Community Action.”


The National Social Work Public Education Campaign, a multi-year effort to improve the public perceptions of social work, launched in 2005. Since then, NASW has coupled a specific area of practice with general promotion of the profession.

For more information about social work month, and to view resources for how to celebrate social work month, visit: http://www.socialworkers.org/pressroom/swmonth/default.asp

During social work month, take the opportunity to reach out to your local community newspaper and share your story. Consider submitting an op-ed about social work month, a recent example of how social workers inspired action in your community, or submit a letter to the editor. Don’t forget to identify yourself as a professional social worker and member of NASW.

A template to help you get started is available on our website: www.nasworegon.org.

Click here to identify a newspaper in your local community.

For further resources, click here to access the NASW social work month toolkit and here to access the NASW media toolkit.

If your letter is published, please send a copy to nasw@nasworegon.org.
<table>
<thead>
<tr>
<th><strong>Board of Directors</strong></th>
<th><strong>District Chairs</strong></th>
<th><strong>Committee Leadership</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>President</strong></td>
<td><strong>President</strong></td>
<td><strong>Legislative</strong></td>
</tr>
<tr>
<td>Larry Betcher</td>
<td>Metro Portland</td>
<td>Jessica Ritter</td>
</tr>
<tr>
<td><strong>Li ake <a href="mailto:Betcher@providence.org">Betcher@providence.org</a></strong></td>
<td>Sara Westerfeld</td>
<td><a href="mailto:jritter@pacificu.edu">jritter@pacificu.edu</a></td>
</tr>
<tr>
<td><strong>President-Elect</strong></td>
<td>Benton/Corvallis - Open</td>
<td>Maternal / Child Health</td>
</tr>
<tr>
<td>Lisa Bates</td>
<td>Capital Area District</td>
<td>Anna Black</td>
</tr>
<tr>
<td><a href="mailto:lisabatesD@hotmail.com">lisabatesD@hotmail.com</a></td>
<td>Vacant</td>
<td><a href="mailto:anayatu@earthlink.net">anayatu@earthlink.net</a></td>
</tr>
<tr>
<td><strong>Vice President</strong></td>
<td>Columbia Gorge</td>
<td><strong>PR &amp; Marketing</strong></td>
</tr>
<tr>
<td>Barbara Kollmar</td>
<td>Joella Anglin</td>
<td>Barbara Kollmar</td>
</tr>
<tr>
<td><a href="mailto:b.kollmar@comcast.net">b.kollmar@comcast.net</a></td>
<td>Lane County District</td>
<td><a href="mailto:b.kollmar@comcast.net">b.kollmar@comcast.net</a></td>
</tr>
<tr>
<td><strong>Secretary</strong></td>
<td>Erica Freeman Hernandez</td>
<td><strong>Nominations</strong></td>
</tr>
<tr>
<td>Aimee Coughlin</td>
<td><a href="mailto:eltieher@gmail.com">eltieher@gmail.com</a></td>
<td>Stacey Scala Orr (staff)</td>
</tr>
<tr>
<td><a href="mailto:Aimee.Coughlin@gmail.com">Aimee.Coughlin@gmail.com</a></td>
<td>North Coast District</td>
<td><a href="mailto:stacev@nasworegon.org">stacev@nasworegon.org</a></td>
</tr>
<tr>
<td><strong>Treasurer</strong></td>
<td>Central Coast District - Open</td>
<td>Past Presidents Advisory</td>
</tr>
<tr>
<td>Dave Olsen</td>
<td>South Coast District - Open</td>
<td>Tom Hogan</td>
</tr>
<tr>
<td><a href="mailto:ovram@aol.com">ovram@aol.com</a></td>
<td>Douglas District - Open</td>
<td><a href="mailto:tombogan2@comcast.net">tombogan2@comcast.net</a></td>
</tr>
<tr>
<td><strong>Student Representatives:</strong></td>
<td>Rogue Valley District</td>
<td><strong>School Social Work</strong></td>
</tr>
<tr>
<td>Valenka Langlois</td>
<td>Gretchen Thiel</td>
<td>Karen Ditmar-Bogucki</td>
</tr>
<tr>
<td><a href="mailto:valenkavl@yahoo.com">valenkavl@yahoo.com</a></td>
<td>Lane County District</td>
<td><a href="mailto:kditmar@msn.com">kditmar@msn.com</a></td>
</tr>
<tr>
<td><strong>Region 1 Representatives</strong></td>
<td>Klamath Falls District Chair</td>
<td><strong>Social Work Political Action</strong></td>
</tr>
<tr>
<td>Region 1 Representatives</td>
<td>Michele Malott</td>
<td>(SWPAC)</td>
</tr>
<tr>
<td>(Clatsop, Columbia, Tillamook, Washington, Yamhill and Clackamas and Multnomah Counties west of Willamette R.)</td>
<td><a href="mailto:riosmanla@hotmail.com">riosmanla@hotmail.com</a></td>
<td>Amy Reynolds</td>
</tr>
<tr>
<td>Raina Banu-Clayton</td>
<td>Central Oregon District - Open</td>
<td><a href="mailto:adreyold@yahoo.com">adreyold@yahoo.com</a></td>
</tr>
<tr>
<td><a href="mailto:banuclayton@gmail.com">banuclayton@gmail.com</a></td>
<td>North Eastern District - Open</td>
<td></td>
</tr>
<tr>
<td><strong>Region 2 Representatives</strong></td>
<td>Region 4 Representative</td>
<td></td>
</tr>
<tr>
<td>(Multnomah and Clackamas Counties east of Willamette R.)</td>
<td>(Coos, Douglas, Curry, Josephine, Jackson, Klamath, Lake Counties)</td>
<td></td>
</tr>
<tr>
<td>Carolyn Mounts</td>
<td><strong>Region 5 Representative</strong></td>
<td></td>
</tr>
<tr>
<td><a href="mailto:CarolynMounts@codainc.org">CarolynMounts@codainc.org</a></td>
<td>(Hood River, Wasco, Sherman, Gilliam, Morrow, Umatilla, Union, Wallowa, Baker, Jefferson, Deschutes, Crook, Wheeler, Grant, Harney, Malheur)</td>
<td></td>
</tr>
<tr>
<td>Amy Reynolds</td>
<td><strong>Aging Network</strong></td>
<td></td>
</tr>
<tr>
<td><a href="mailto:adreyold@yahoo.com">adreyold@yahoo.com</a></td>
<td>Cindy Rapp, co-chair</td>
<td></td>
</tr>
<tr>
<td><strong>Region 3 Representative</strong></td>
<td>Sibelia Chaityahat, co-chair</td>
<td></td>
</tr>
<tr>
<td>(Lincoln, Polk, Marion, Benton, Linn, Lane Counties)</td>
<td><a href="mailto:sibieliac@yahoo.com">sibieliac@yahoo.com</a></td>
<td></td>
</tr>
<tr>
<td>Nancy Wilms</td>
<td><strong>Continuing Education</strong></td>
<td></td>
</tr>
<tr>
<td><a href="mailto:twilms@comcast.net">twilms@comcast.net</a></td>
<td>Casadi Marino</td>
<td></td>
</tr>
<tr>
<td><strong>Region 4 Representative</strong></td>
<td><strong>Ethics</strong></td>
<td></td>
</tr>
<tr>
<td>(Coos, Douglas, Curry, Josephine, Jackson, Klamath, Lake Counties)</td>
<td>Krystal Ashling</td>
<td></td>
</tr>
<tr>
<td>Victoria Bones</td>
<td><a href="mailto:kashling@gmail.com">kashling@gmail.com</a></td>
<td></td>
</tr>
<tr>
<td><a href="mailto:vmohrigan@charter.net">vmohrigan@charter.net</a></td>
<td><strong>Event &amp; Conference Planning</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Region 5 Representative</strong></td>
<td>Jenat Kusyk (staff)</td>
<td></td>
</tr>
<tr>
<td>(Hood River, Wasco, Sherman, Gilliam, Morrow, Umatilla, Union, Wallowa, Baker, Jefferson, Deschutes, Crook, Wheeler, Grant, Harney, Malheur)</td>
<td><a href="mailto:jk@nasworegon.org">jk@nasworegon.org</a></td>
<td></td>
</tr>
<tr>
<td><strong>Finance</strong></td>
<td><strong>Executive</strong></td>
<td></td>
</tr>
<tr>
<td>Lisa Bates (President-Elect, Acting Treasurer)</td>
<td>Larry Betcher</td>
<td></td>
</tr>
<tr>
<td><a href="mailto:lisabatesD@hotmail.com">lisabatesD@hotmail.com</a></td>
<td></td>
<td><a href="mailto:Lawrence.Betcher@providence.org">Lawrence.Betcher@providence.org</a></td>
</tr>
<tr>
<td><strong>Event &amp; Conference Planning</strong></td>
<td><strong>Event &amp; Conference Planning</strong></td>
<td></td>
</tr>
<tr>
<td>Jenat Kusyk (staff)</td>
<td>Stacey Scala Orr (staff)</td>
<td></td>
</tr>
<tr>
<td><strong>Area</strong></td>
<td><strong>Social Work</strong></td>
<td></td>
</tr>
<tr>
<td><strong>National Board Representative (REGION XII)</strong></td>
<td><strong>Social Work Political Action</strong></td>
<td></td>
</tr>
<tr>
<td>Sharon Otagaki</td>
<td>(SWPAC)</td>
<td>(SWPAC)</td>
</tr>
<tr>
<td><a href="mailto:sotagaki@hotmail.com">sotagaki@hotmail.com</a></td>
<td>Amy Reynolds</td>
<td></td>
</tr>
<tr>
<td>808-988-3168</td>
<td><a href="mailto:adreyold@yahoo.com">adreyold@yahoo.com</a></td>
<td></td>
</tr>
</tbody>
</table>

Publication of advertisement does not constitute an endorsement or approval of any product or service advertised, or any point of view, standard, or opinion presented therein. NASW Oregon Chapter is not responsible for any claims made in an advertisement appearing in its publications. Nexus advertising is subject to the publisher’s approval. NASW reserves the right to reject advertisements for any reason at any time. NASW is not liable for any alleged loss or damages if an advertisement is omitted for any reason. Placement of ads will be at NASW’s discretion. The placement of an advertising order constitutes an acceptance of all the rates and conditions under which advertising is sold at that time. Call 503-452-8420 for advertising rates & information, or visit: http://nasworegon.org/classifieds/advertise-with-us/.
Happy spring, NASW members!
The groundhog may have seen his shadow, but the daffodils are rising and the sun is shining (today at least).

At the time of publication, we are in the midst of the special legislative session. Our priority moving into the session was to strategize with the Oregon Psychological Association and the Oregon Nurses Association on legislation related to reimbursement rates for mental health professionals. After consulting with the Insurance Commissioner and legislative allies, we decided to take a step back and work on this issue during the interim, with the goal of introducing a stronger bill during the 2011 session. We heard from many of our members last year after an insurer drastically reduced rates for LCSWs, and we have been actively addressing the issue since. In addition, we are closely monitoring the DHS budget, submitted written testimony on legislation that would prohibit health insurers from denying health coverage to victims of domestic/sexual violence due to “pre-existing” conditions as a result of their abuse, and we are supporting a bill that would allow foster care youth to be eligible for OHP coverage until they turn 21.

In other news, this month is social work month. The theme is Social Workers Inspire Community Action. I hope that you’ll take this month as an opportunity to share your story in your local community newspaper (see announcement on the front page and on our website). Our highlight event this month is our biennial statewide conference, which promises to be a day full of learning, networking, recognition, and fun. If you have suggestions for keynote speakers that you would like to see the Chapter host, please don’t hesitate to send us your feedback. I will also be attending the annual social work month luncheon in Medford, hosted by our Rogue Valley District. I always enjoy traveling to other areas of the state, and I truly appreciate the efforts of our volunteers that continue to plan NASW events and activities in their community.

Our Social Work Reinvestment (SWR) initiative continues, thanks to the dedication of our taskforce and subcommittee members, and the hard work of

---

My first social work supervisor in Oregon advised me not to join the NASW. He said that the NASW is a self-serving organization that only cares about advancing social work salaries. Other statements I’ve heard include “I don’t care if NASW wants to protect the term social worker” “NASW only cares about social workers in private practice, and those people have sold out.” “The NASW only deals with legislative issues that are self-serving and don’t benefit the clients we serve.” On the other side, I’ve recently heard that the NASW “only cares about social policies. They are not doing enough to promote social workers in private practice.” “There’s not room in NASW for us in private practice. You only care about policy issues.”

These frequent criticisms of the NASW and our legislative work have come from both of these polarized sides for as long as I’ve been around. Perhaps it in part mirrors the divide between clinical social work and macro practice. In the early 1980’s, the NASW led by a few social work pioneers (John Milnes, Susan Rutherford, Marie Evans, and our lobbyist at the time) succeeded in getting vendership for LCSW’s. Vendership is much more than a license in that it requires insurers to reimburse for services provided by a LCSW. At that time, only doctors and psychologists were recognized as mental health providers. In my mind, all LCSW’s in our state owe a debt of gratitude to John, Susan and Marie for getting vendership for LCSW’s. Vendership is much more than a license in that it requires insurers to reimburse for services provided by a LCSW. At that time, only doctors and psychologists were recognized as mental health providers. In my mind, all LCSW’s in our state owe a debt of gratitude to John, Susan and Marie for getting our profession to be recognized which has resulted in social workers delivering the majority of mental health services in the state. And I believe that our clients have greatly benefited from the opportunity to receive services from a social worker. I certainly would not be where I am today without having a LCSW. I would argue that the NASW needs to continue strongly advocating for social workers. Our profession has a unique understanding of a person within an environment and we are constantly looking at the bigger picture. Nurses, doctors, and counselors are certainly not going to be advocating for us or our clients.

The NASW advocates for social change. During the 2009 session we did advocate for title protection and for student loan relief for social work students.
SOCIAL WORK MONTH SERVICE OPPORTUNITY

The Past President’s Advisory Council of NASW Oregon Chapter is sponsoring a service opportunity on Thursday, March 25th at the St. Francis of Assisi Dining Hall at 1131 SE Oak St. in Portland. This is honoring March as Social Work month. Participants will serve dinner dinner at 5 PM and receive an orientation to the Dining Hall. People should plan 4:30-6 PM for the activity.

St. Francis Dining Hall is an integral part of the community. Six days a week, the doors open at 10am offering a safe and warm place for individuals and families to gather, shower, use a telephone, and enjoy a cup of coffee. The doors remain open until after a wholesome and filling meal is served at 5:00 PM. The Dining Hall welcomes approximately 300 individuals each day it is open. For more information visit: http://www.stfranpdx.catholicweb.com/

The contact person for this opportunity is Tom Hogan at 503-819-8367 or tomhogan2@comcast.net. Please call for information or to participate.

It’s a great opportunity! Please tell you friends and join us.

The Aging Network continues to flourish, thanks to an active Steering Committee, generous sponsors, and professionals in aging that continue to support the Network’s goals and mission. As a an affiliated volunteer group of NASW Oregon Chapter, our purpose is to build community for professionals in the field of aging through education, networking, peer support, resource sharing, and to demonstrate leadership in geriatric mental health.

Our “Social Work and Aging” CE Breakfast Forums continue to be popular and well-attended. These free events are an excellent opportunity for networking and continuing education on a variety of topics. In November, CherryWood Village hosted us for Financial Qualifications for Oregon’s Long-Term Care Medicaid 2009 by Joe Mitchell of the Financial Aid Center for Long-Term Care. In January, Miramont Pointe hosted us for Meditation and Mindfulness: Healthy Aging’s Latest Trend, with Kari Lyons-Price, LCSW. In February, CherryWood Village continued to extend their generous support by co-sponsoring and hosting a “Winter Escape” open house for professionals in aging. This amazing, free, spa-like event aimed to chase away the winter doldrums and help us renew our mind, body and spirit. We are grateful to our speakers and generous hosts for two highly successful events! Our next CE event is being planned for April, specifics to be determined (check the NASW website calendar for updates).

Our Steering Committee continues to meet semi-monthly when it is convenient for our busy schedules. Our meetings are fun and casual, and we are always on the lookout for additional input, creativity and energy – that means you! If you would like to learn more about the Aging Network, the Steering Committee and/or to be on the e-mail list for future events, please send an e-mail to: agingnetwork@gmail.com. You can also find us on Facebook (search for NASW Oregon Chapter Aging Network).
2010 Statewide Conference

Keynote Speaker:
Ghislaine Boulanger, Ph.D.

Wounded by Reality: Understanding Adult-Onset Trauma
Dr. Boulanger is a clinical psychologist in private practice in New York City. For the past three decades, Dr. Boulanger has worked with survivors of adult-onset trauma both intensively and in brief psychotherapy. Her Ph.D. is from the Clinical Psychology Program at Teachers College, Columbia University (1981), and she has completed postdoctoral training at the Ackerman Institute for Family Therapy (1986) and at the New York University Postdoctoral Program in Psychoanalysis and Psychotherapy (1997) where she is also on faculty. Dr. Boulanger is author of Wounded by Reality, a clinical and systemic differentiation of adult-onset trauma from childhood trauma.

Breakout Sessions:
- Alternative & Expressive Trauma Therapies
- Energy Psychology & Client Resistance
- Family Constellation Method
- PTSD & Foster Youth
- Veteran Suicide
- Addictions & Adolescents
- Innovative Intervention/Prevention Strategies
- Domestic Violence Survivor-Centered Treatment

Awards Luncheon:
- Social Worker of the Year
- Citizen of the Year
- Helen Catlin Memorial Award
- Lifetime Recognition Award

It’s Not Too Late to Register!
Seats are available—register today, space is limited!
Click here to register, or visit: www.nasworegon.org

2010 Ethics Keynote Event

Managing Difficult Ethical Dilemmas & Risks in Social Work
Presented by Dr. Frederic Reamer

Frederic G. Reamer is a Professor in the graduate program of the School of Social Work, Rhode Island College, where he has been on the faculty since 1983. His research and teaching have addressed a wide range of human service issues, including mental health, health care, criminal justice, public welfare, and professional ethics. Dr. Reamer received his Ph.D. from the University of Chicago (1978) and has served as a social worker in correctional and mental health settings. Dr. Reamer has lectured extensively nationally and internationally on the subjects of professional ethics and professional malpractice and liability. He chaired the national task force that wrote the current Code of Ethics adopted by the National Association of Social Workers.

Friday, March 12th, 2010
Oregon Convention Center
Portland, OR

Friday, October 8th, 2010
Monarch Hotel & Conference Center
Portland, OR

Featuring:
Ethics Keynote Event
6 Ethics CEUs (pending)
Luncheon & Networking
Oregon Chapter Workshops

Spring 2010 Workshop Calendar

Making the Leadership Leap (6 CEs)

Friday, April 9th, 2010
9:00AM - 4:30PM
Registration & Continental Breakfast at 8:30AM
Legacy Good Samaritan Hospital, Building 2, Auditorium
1040 NW 22nd Ave., Portland (www.legacyhealth.org)

This workshop is designed to help social workers and other human service professionals who are in management/leadership roles. It will help participants to see distinctions between direct clinical services and responsibilities involved in managing clinicians, paraprofessionals, and staff in complex organizations. Additionally, ethics explorations will use vignettes taken from management of human services organizations. Emphasis will be given to assure that participants can see how knowledge and self-awareness gained from clinical experience can be transferred into management experience, and what new knowledge must also be acquired.

Presented by David Fuks, MSW. David Fuks has been an active leader in Oregon’s human services community for over thirty years. He received his MSW from University of Michigan in 1974. He has served as the Executive Director of the Southwest Youth Service Center, the Edgefield Children’s Center and the Oregon Juvenile Services Commission. He was Regional Administrator for the Metro Region Children Services Division and Coordinator of the Regional Drug Initiative in Multnomah County. For the past 11 years Fuks has been Chief Executive Officer of Cedar Sinai Park, a service provider for elders and people with special needs. For the past 8 years he has been an Adjunct Assistant Professor at PSU School of Social Work and has taught on HR management, leadership, fundraising and human services entrepreneurship.

The Ethical Supervisor (6 CEs):
Clinical Supervision & Ethics

Friday, April 16th, 2010
9:00AM - 4:30 PM
Registration & Continental Breakfast at 8:30AM
Legacy Emanuel Hospital, Lorenzen Auditorium
2801 N. Gantenbein Avenue, Portland (www.legacyhealth.org)

This workshop is designed to meet the 6 hours required by the Oregon State Board of Clinical Social Workers for social workers wanting to supervise MSW’s, and also provides 3 CE’s toward the ethics requirement. In an interactive fashion, spiced with humor, the presenter explores the principles of clinical supervision, focusing on ethics and ethical situations that arise in clinical supervision. Attendees will explore the basics of clinical supervision, learn and apply ethical theories, and analyze video examples of ethical situations. Among other topics, the workshop will also cover confidentiality, documentation, methods and techniques of supervision, the first session, and six month review paperwork. (Continued to the right.)

Afrocentric Approaches to Clinical Practice (6 CEs)

Friday, April 30th, 2010
9:00AM - 4:30PM
Registration & Continental Breakfast at 8:30AM
Providence St. Vincent Medical Center, 9155 SW Barnes Rd., Portland
Souther Classroom, East Pavilion Entrance. (www.providence.org/oregon)

To work effectively with African-American clients, it is essential to learn about African-American history and psychology, as well as explore our own beliefs and practices. Afrocentric Approaches to Clinical Practice, developed and facilitated by African-American practitioners Danette C. Burchill, LCSW and Andre Pruitt, LCSW, will provide you with information and practical tools to develop a fresh awareness and skill in working clinically with African-American clients.

Presented by Danette Burchill, LCSW and Andre Pruitt, LCSW. Ms. Burchill is the Clinical Director of OHSU’s Avel Gordly Center for Healing. She specializes in working with depression, anxiety, trauma, psychotic disorders, life change transitions and spirituality. Her primary method of treatment is cognitive behavioral therapy with dialectical behavior therapy skills taught as well. She has experience in working with multicultural populations and issues of identity.

Mr. Pruitt is the Clinical Supervisor at OHSU’s Avel Gordly Center for Healing. He specializes in PTSD, depression, anxiety, support around sexual orientation, developing spirituality for healing, grief and loss, identity development.

The Trauma Toolbox (6 CEs):
Holistic Interventions in Psychotherapy

Friday, May 7th, 2010
9:00AM - 4:30PM
Registration & Continental Breakfast at 8:30AM
Legacy Good Samaritan Hospital, Building 2, Auditorium
1040 NW 22nd Ave., Portland (www.legacyhealth.org)

Trauma hurts the victim psychologically, spiritually and physically. Clinicians can easily become overwhelmed or burnt-out in the process of caring for clients with overwhelming stress or trauma. This workshop will look at the different layers of the human being that are injured in the experience of traumatic stress and effective alternative interventions that profoundly aid healing. (Continued to the right)
Situational Ethics, Personal Values & Decision Making (3 CEs)

Friday, May 14th, 2010
9:00AM - 12:15PM

Registration & Continental Breakfast at 8:30AM
Legacy Emanuel Hospital, Lorenzen Auditorium
2801 N. Gantenbein Avenue, Portland (www.legacyhealth.org)

Social work is a profession firmly rooted in a presumption of shared values among its practitioners. What happens, though, when values become muddied by the complicated and conflicting situations in which we practice? How do we sort out personal values and professional ethics? How do we make ethical decisions in these moments? This interactive workshop will present two theoretical frameworks for understanding ethics and ethical decision-making. Participants will engage in discussion and application of these frameworks with the goal of deepening self-reflection and ethical practice. This workshop is designed to meet 3 hours of the Board's ethics CE requirement (pending).

Legal Issues in Social Work

Friday, June 4th, 2010

Legacy Emanuel Hospital, Lorenzen Auditorium
2801 N. Gantenbein Avenue, Portland (www.legacyhealth.org)

**Session A:** 9:00AM - 12:15PM (3 CEs)
The Ethics of Documentation, Reporting & Board Complaints
This workshop will educate social workers about improving the quality of client care and the reduction of risk. Participants will learn about legal and ethical issues relating to documentation, abuse reporting, and how to avoid common Board complaints. It will also discuss how to ethically cooperate with the investigation process. This workshop is designed to meet 3 hours of the Board's ethics CE requirement (pending).

**Session B:** 1:15PM - 4:30PM (3 CEs)
Risk Management in the Digital Age
This workshop is designed to provide practical guidance for day-to-day legal issues faced by social workers, including: update on the OARs, access to confidential records, how to avoid risk in your practice, and considerations in the digital age such as the use of email with clients and electronic records. Appropriate forms that can be incorporated into practice will be provided.

(Continued from the previous page). Presented by Paul Cooney and David Madigan.

Paul Cooney is an attorney at Cooney & Crew LLP and has been in practice for 17 years. He specializes in healthcare litigation and represents a wide variety of mental health professionals in all aspects of practice, including malpractice cases, licensing and discipline matters, and general business matters. He is licensed to practice in both Oregon and Washington and is a frequent speaker on legal issues and risk management.

David J. Madigan is an attorney at Cooney & Crew LLP and has been in practice for 8 years. As a healthcare attorney, Mr. Madigan’s practice focuses on subpoenas, defending Board complaints, and advising practices on federal regulations, including Medicare, HIPAA and Stark regulations, as well as setting up group practices.

Registration Form

Complete form and mail with payment to:
NASW Oregon Chapter, 7688 SW Capitol Hwy., Portland, OR 97219

You may also register online by credit card at:
www.nasworegon.org/continuing-education/nasw-workshops

Name _____________________________________________
Email _____________________________________________
Phone _____________________________________________

Address____________________________________________________________________________________

City ____________________ State ___ Zip ____________

Workshop(s) for which you are registering:
___ Making the Leadership Leap
___ The Ethical Supervisor
___ Afrocentric Approaches to Clinical Practice
___ The Trauma Toolbox
___ Legal Issues in Social Work (Full Day / Both Sessions) ___ (Session A Only) ___ (Session B Only)

Registration Fees: Full Day Workshops
___ NASW Member $110 ___ Non-Member $135
___ Student Member $35 ___ Student Non-Member $50
___ Unemployed/Retired ___ Unemployed/Retired
___ Volunteer Member $70 ___ Non-Member $85
___ Group Rate 3-5 Persons ___ Group Rate 6+ Persons
$95 each $85 each

Registration Fees: Session A or B Only
___ NASW Member $65 ___ Non-Member $80
___ Student Member $20 ___ Student Non-Member $30
___ Unemployed/Retired ___ Unemployed/Retired
___ Volunteer Member $45 ___ Non-Member $55
___ Group Rate 3-5 Persons ___ Group Rate 6+ Persons
$55 each $45 each

TOTAL AMOUNT ENCLOSED $ ____________

If registering less than two weeks before the event, add $10/person

Refund Policy: Participants who are unable to attend the event they registered for and contact the Chapter office prior to the event may request a refund minus a 10% processing fee, or a credit in the full amount towards a future NASW workshop.

Refund Policy: Participants who are unable to attend the event they registered for and contact the Chapter office prior to the event may request a refund minus a 10% processing fee, or a credit in the full amount towards a future NASW workshop.
CALLING ALL SOCIAL WORK LEADERS:  
2010-2011 NASW OREGON CHAPTER BOARD OF DIRECTORS  

Go beyond your day-to-day role and demonstrate your professional leadership in the field of social work by running for the FY 10-11 NASW Oregon Chapter Board of Directors. Find opportunities for personal growth and empowerment while contributing to your professional organization and the social work community. As a Board member, you will help to make critical decisions, work closely with other leaders in the chapter, and represent your social work colleagues.

The following positions are open in FY 2009-2010:

- Treasurer (Two Year Term)
- Secretary (Two Year Term)
- Region 2 Representative (Two Positions; Two Year Term)  
  Counties: Multnomah, Clackamas, Washington
- Region 4 Representative (One Position; Two Year Term)  
  Counties: Coos, Curry, Douglas, Jackson Josephine
- Region 5 Representative (One Position; Two Year Term)  
  Columbia Gorge, Central & Eastern Oregon
- BSW Student Representative (One Year Term)
- MSW Student Representative (One Year Term)

Positions begin on July 1st, 2010.

Nominate yourself or a colleague today! Complete the form below by March 31st, 2010.

**NASW OREGON CHAPTER BOARD OF DIRECTORS NOMINATION FORM**

Name of Nominee: _________________________________

City: _________________________________ Phone Number: _________________________________

Email Address: _________________________________

Board Position(s) Nominated For: _________________________________ Member of NASW? _______

Name of Nominator: _________________________________

Nominator Contact Information: _________________________________

Please include a brief personal statement (not to exceed 500 words) about the nominee and his/her qualifications to serve on the NASW Oregon Chapter FY 09-10 Board of Directors.

Please send an electronic copy of this form to stacey@nasworegon.org by March 31st, 2010.
Please join us for the following seminars and workshops at PSU this spring. For more information, go to the link below each series and then choose “current courses.”

**Issues and Innovations in Mental Health Counseling**
www.ceed.pdx.edu/menthealth

**Integrative Cognitive Behavioral Group Therapy**
Friday and Saturday, March 12 and 13 with Greg Crosby

**Ethical Decision-Making for Clinicians**
Friday, April 6 with Kathleen McLaughlin

**Addictions Training**
www.ceed.pdx.edu/addictions

**Foundations of Substance Abuse Counseling**
Wednesdays March 31- June 2 with Kelly Washam

**Clinical Supervision**
www.ceed.pdx.edu/supervis

**Organizational Chaos, Individual Resilience: The Art of Recovery in the Workplace**
Friday, Mar 5 with Wayne Scott

**Advanced Clinical Supervision**
Friday April 9 with Naomi Mandsager

**Clinical Supervision**
Saturday and Sunday, April 10,11,17, 18 with Naomi Mandsager

**Group Supervision**
Friday, April 16 with Lisa Aasheim

**Ethics and Legal Issues in Clinical Supervision**
Friday, May 7 with Doug Querin

**Behavioral Healthcare**
ceed.pdx.edu/bh

**Integrating Mental Health Treatment into Primary Care**
Friday, April 23 with David Clarke

**Community Mental Health for the Returning Combat Veteran**
Friday, June 4 with Jim Boehnlein, other staff of the Portland VA Hospital, and community providers

For more information, please visit www.ceed.pdx.edu or contact Kathy Lovrien at lovrienk@pdx.edu or 503-725-8165.

---

**The Sanctuary Model: Creating a Context for Individual and Organizational Change**

*With Sandra Bloom*

*Thursday and Friday, May 13 and 14*

Explore this evidence-supported, trauma-informed methodology for creating or transforming an organizational culture so that it is better equipped to buffer staff, enabling them to deliver better quality services to their clients while keeping themselves both safe and effective. This two-day seminar, given by the founder, Dr. Sandra Bloom, will provide an introduction to the organizational “operating system” that is the Sanctuary Model. Workers at all levels in mental health care settings, child welfare programs, shelters, juvenile justice facilities, and other human service delivery settings will benefit from this training.
-legislative-committee-update

By Jessica A. Ritter, Ph.D., MSSW
Legislative Committee Chair

Over the last few months, the legislative committee has been primarily focused on Measures 66 and 67. Oregon has been covered in the national news in the weeks after voters handily approved Measure 66 and 67, which raises taxes on corporations and wealthy Oregonians so that critical state funding for social services, health care, and education could be saved.

See the following piece from the New York Times:

Massive phone banking operations, door-to-door canvassing, and rallies were used by union and community members to educate the public about a progressive tax measure used to offset the state’s dire budget situation.

Oregon’s corporate minimum tax was raised from $10 a year—no typo here—to $150. Corporations with profits over $250,000 a year will pay an additional 1.3 percent on profits over that amount. Wealthy individuals—those making over $125,000 or couples making $250,000 will pay an additional 1.8 percent above those numbers. Most Oregonians—97.5 percent—will see no tax increase.

I would like to thank each NASW member who helped making this win possible by talking to your friends and family members, posting yard signs, phone banking, and knocking on doors in neighborhoods all across the state. I would also like to congratulate the Yes on 66 and 67 Campaign for running such an effective and informative campaign. Thank you also to our lobbyist, Maura Roche, for keeping up informed and connected. Thanks to our Executive Director, Stacey Skala Orr, for her efforts in educating our membership through action alerts and e-news updates. Well done!

I would like to thank each NASW member who helped making this win possible by talking to your friends and family members, posting yard signs, phone banking, and knocking on doors in neighborhoods all across the state. I would also like to congratulate the Yes on 66 and 67 Campaign for running such an effective and informative campaign. Thank you also to our lobbyist, Maura Roche, for keeping up informed and connected. Thanks to our Executive Director, Stacey Skala Orr, for her efforts in educating our membership through action alerts and e-news updates. Well done!

The Oregon Legislature convened in February for a month long special legislative session and Maura will be in Salem everyday representing social workers. One of our priorities leading into the special session was to strategize with the Oregon Psychological Association and the Oregon Nurses Association on reimbursement rates for behavioral health providers. We will also be closely monitoring the DHS budget, as well as legislation related to domestic violence (prohibiting insurers from treating as a pre-existing condition), foster youth (allow youth to receive OHP until age 21), and various bills related to health care access.

We rely greatly on the involvement of our members to testify serve on the Chapter Legislative Committee, respond to action alerts, and to testify during session on behalf of NASW and our 1,800 members. For more information on getting involved, contact Jessica Ritter at jessica.ritter@gmail.com. The legislative committee meets monthly, so please email Jessica if you would like to be added to the listserv!

$10 Can Make a Difference

In this state, we currently have a governor and a majority of the legislative body who believe in many of the same values as social workers, and have an avid interest in maintaining services for those struggling with mental health, addressing issues of poverty, and retaining women’s reproductive rights.

In 2008, members of NASW Oregon Chapter helped to get these legislators elected by supporting our PAC. Now is the time to prepare for the next election cycle, and we need your help to keep those who support social work values in office, and get others who share our values elected.

Every tax-owing Oregonian can participate in the political tax credit by giving to a Political Action Committee (PAC). Social workers have their own PAC called SWPAC. Each Oregonian is eligible for a $50 tax credit, and those filing jointly able are eligible for a $100 tax credit. In these economic times, it can be significantly easier to donate on a monthly basis. Become a monthly SWPAC donor today by clicking here, and help us to keep sending pro-social work legislators back to Salem!

Donate today: 

Donate today:
**Lane County District Brown Bag Meetings**

Join us at our monthly brown bag meetings, featuring speakers and networking for social workers wanting to get to know other professionals in Lane County. 1.5 CEs usually offered at each event.

**MEETING DAY/TIME:**
1st Tuesday of the Month, 11:30PM-1:00PM

**LOCATION:**
Holt International, 1195 City View, Eugene

**CONTACT:**
Erica Freeman Hernandez, District Chair
elfieher@gmail.com

---

**Supervision Group**

Ongoing for clinicians needing to meet LCSW or LPC requirements as well as for those seeking to continue post-licensure consultation. Individual supervision in addition to group is also available. Our focus is to be of service to your total professional development, not just the refinement of clinical skills.

We offer a broad combined clinical background serving adults, adolescents, children and families. Additionally we provide a specialized care focus for trauma survivors and those with addiction issues. Experienced working within managed care, employee assistance, public agency and hospital systems and working with both short term and intensive longer term psychotherapy models.

For further information please contact co-leaders:
Steve Hand LCSW (503) 590-7029
Donald Mann LCSW (503) 228-1939

---

**GROUPSWORKS is Offering:**

**Mixed Gender Therapy Groups:**
ongoing & accepting members

**Psychodrama/Group Therapy Training**
Group: meets once/month

**GROUPSWORKS** was founded in order to provide quality therapy and specialized training in group therapy.

**Contact:**
Dr. Ruth Friedel, Psy.D., T.E.P. at:
groupworks@teleport.com or
503- 975-5744.
The Art of Social Work: Service and Social Justice

University of Portland, Buckley Center Gallery (March 8 – April 1, 2010)

A variety of local artists have contributed works of art done by social workers or works that carry a social work/social justice theme for a special showing at the University of Portland Buckley Center Art Gallery. This art exhibit is sponsored by the University of Portland Dorothy Day Social Work Program in collaboration with the Oregon chapter of the National Association of Social Workers (NASW) as part of the NASW Social Work Reinvestment Initiative (SWRI). The purpose of SWRI is to promote the profession of social work. This exhibit is intended to showcase the art of social work in addressing the issues of our times, the pain and suffering of the most vulnerable in society as well as the joy of contemplation and fulfillment.

This exhibit features art by Moshoula Capous, Sabrina Harris, Giles Bettison, Steven Brudie, Catherine Fixe and Shemaya Blaue. Art being displayed includes various forms and media including art inspired by work in Hospice and photographs taken by women in the sex industry.

Artist’s Reception
March 31, 2010, 4pm – 6pm
University of Portland, Buckley Center Art Gallery
RSVP to: Caruso12@up.edu

World Social Work Day 2010

By Susanna Rempel, MSW Intern

On March 16th, 2010 – the International Federation of Social Workers (IFSW) invites all of us to celebrate World Social Work Day. The theme for this year’s World Social Work Day is “Making Human Rights Real: The Social Work Agenda.” As social workers, our core values of social justice and the dignity and worth of a person speak directly to making human rights a reality, not just in the United States, but also around the world. World Social Work Day is a reminder that our world and the populations we serve are diverse and that every human being deserves certain, unalienable rights. To honor the rights of every individual, take the time to step back and remember our core values and then try to exemplify them as you go about your day. But don’t stop there, find some way, even a small way of making human rights real now– whether it’s making a small donation to the relief fund for Haiti, writing a letter to your editor, looking into doing international social work or whatever else it is that speaks to you. Your small step, magnified across social workers around the world, will help Make Human Rights Real.
Healthy Kids

When children don’t have health coverage, they don’t get the health care they need when they need it. That’s why Oregon’s Healthy Kids, a newly expanded health coverage program for uninsured children, will help make sure thousands more children have health insurance. The Office of Healthy Kids is actively working to ensure that the people, families trust, like social workers and family advocates, know how to help us spread the word that all uninsured Oregon children are eligible for health coverage through Healthy Kids.

“Even the healthiest children need health coverage, but too many Oregon families struggle to afford it,” said Healthy Kids Administrator Cathy Kaufmann. “Thanks to Healthy Kids, thousands more children in both low and middle income families will finally be able to get the health coverage they need.”

The expansion of Healthy Kids provides no-cost and low cost health coverage for Oregon children up to 19 years of age. Coverage lasts for one full year and covers all health needs, including doctor visits, dental care, vision, mental or behavioral health services, medicines and more. Family income will determine whether a child is eligible for the free or low-cost coverage option. Families with incomes above the limit are able to buy into the program at full cost.

The Healthy Kids application and more information are available on the website (www.healthykids.gov) or by calling 1-877-314-5678. The Office of Healthy Kids has free brochures, posters, and fliers to distribute. Please visit the website to request materials and to learn more about outreach opportunities. Please contact Jessica Kendall at 503-945-6494 if you have any questions.

Men’s Therapy Group

for adult survivors of sexual abuse.

Current openings. Group continuous since 1987. Portland metro area. Also individual, couples and consultation and training on male sexual abuse issues. Contact Donald L. Mann, LCSW, 503-228-1939, or email dmann@spiritone.com.
Clinical Practice Update

Results of Request for Compelling Evidence to Increase Psychotherapy CPT Codes

By Mirean Coleman, LICSW, CT
NASW Senior Policy Associate

In 2009, NASW informed its members that the Current Procedural Terminology (CPT) codes for psychotherapy services were being considered for review to increase the work and practice expense values associated with reimbursement rates. Work values are based on the time, mental effort and judgment required to perform a service, and the stress encountered. Practice expense values involve the direct expenses of a clinical practice including clinical labor, medical supplies, and equipment. The review process is expected to take place sometime in 2010 through the American Medical Association Relative Value Scale Update Committee (RUC) and the Health Care Professional Advisory Committee (HCPAC), and reviewers will consider compelling evidence that psychotherapy codes should be revalued. NASW asked clinical social workers to submit comments for compelling evidence to re-survey the work and practice expense values of CPT psychotherapy codes. Such evidence establishes the necessary foundation for the codes to be revalued. We received more than 200 comments from clinical social workers, and although few offered evidence, all believed that increases in values were warranted because the last increases were made in the 1990s. Other comments included the following:

There have been changes in the work of psychotherapy services.

The intensity, frequency, and complexity of the work have increased. For example, increases in posttraumatic stress from war, 9/11, drug and weapon related violence, Katrina, and other natural disasters, have all made psychotherapy services more difficult to provide and created a need for specialized skills. In addition to cognitive and behavioral therapy, a psychotherapist may need to acquire new treatment modalities and skills to address these problems. Evidence of the changes in work is documented in the literature including the 1999 Surgeon General Report on Mental Illness and literature published by the National Institute of Mental Health. The development of new pharmaceuticals and the need to keep current about the effects of these drugs on patients have required new skills and increased referrals of patients to a psychiatrist for a medication evaluation.

Documentation requirements have increased.

The Health Insurance Portability and Accountability Act (HIPAA) privacy rule requires two types of psychotherapy notes—one for treatment and insurance purposes and the other for private psychotherapy notes—increasing the workload for clinical social workers and other psychotherapists. Insurance companies are requiring additional justification for treatment and paperwork for claim processing, including pre-authorization forms, requests for additional treatment sessions, and the reporting of outcome measures. In addition, treatment plans vary by health plan and clinical social workers must learn each one.

Technology has changed psychotherapy services and increased the work.

A clinical social worker must acquire new assessment and intervention skills for video conferencing and online interviews with patients. Many health plans require clinical social workers and other psychotherapists to learn new skills in the use of the Internet in providing services.

Psychotherapy work is stressful.

The stress of meeting the needs of patients at risk and remaining vigilant of legal and ethical considerations is intense. The cumulative impact of listening and bearing witness to the realities of trauma and loss can be stressful to clinical social workers who must keep abreast of new developments in treatment interventions.

The codes were last surveyed for new work and practice expense values in 1997 and require updating.

The Omnibus Budget Reconciliation Act of 1990 requires a comprehensive review of all CPT codes at least every five years in order to make any needed adjustments. The psychotherapy codes are overdue for updating. NASW will use the compelling evidence its members have submitted to seek permission to re-survey the psychotherapy codes from the Centers for Medicare and Medicaid Services, the RUC and HCPAC. NASW is collaborating with the American Psychiatric Association, American Academy of Child and Adolescent Psychiatry, American Psychological Association, American Nurses Association, American Psychiatric Nurses Association, and the Association of Geriatric Psychiatry and will keep its members apprised of the status of the review process.

Additional information about how reimbursement rates are developed is available online in the Practice Update, “How Reimbursement Rates are Developed for Clinical Social Workers in Private Practice” at www.socialworkers.org/practice/clinical/csw0503.pdf.
Legal Spotlight

New “Legal Issue of the Month” Articles Available from NASW Legal Defense Fund

HIPAA Amendments for a New Decade: 2010 and Beyond (February 2010)

February 17, 2010 is the effective date for many of the changes to HIPAA that are being phased in by the Health Information Technology for Economic and Clinical Health Act (HITECH), which was passed as part of the American Recovery and Reinvestment Act. In the wake of expanded enforcement mechanisms and increased penalties for HIPAA violations, social workers need to review the status of their HIPAA compliance efforts and develop a plan for obtaining updated training, office policies and procedures, business associate contracts, and practice forms. Entities that are subject to HIPAA include health plans, health care providers who submit electronic claims, and in addition, business associates of such entities and vendors of electronic health records. In most instances, a clinical social worker who directly bills clients’ health insurance plans will need to comply with HIPAA. This Legal Issue of the Month article will review the recent amendments to HIPAA and identify resources to assist with compliance.


Social workers may have a general concept of immigration requirements, but this area of law is both complex and volatile. U.S. laws and policies affecting the status of immigrants have evolved over time in response to various social, political and economic pressures. More recently, in the wake of welfare reform in the 1990s, and in the post 9/11 era, U.S. immigration policy has returned to an exclusionary focus that has turned toward conflating criminality and undocumented immigration status. Although immigration laws are within the exclusive purview of the federal government, a number of states have attempted to address concerns about violations of immigration law by residents by passing various exclusionary measures. This may create legal questions and ethical dilemmas for social workers who work in programs or areas serving immigrants. When social workers are used as enforcers of exclusionary government policies to the extent of “turning in” violators, valid questions may be raised about the extent a social worker may meet both legal and ethical obligations. This Legal Issue of the Month article reviews recent legal policy as enacted by U.S. Congress, the state of Arizona and related interpretations of the law regarding immigrants’ eligibility for public benefits, documentation and reporting requirements.

To view these articles, and previous issues, visit: https://www.socialworkers.org/ldf/legal_issue/default.asp

Please note that you will need to log in as a member to view the articles.

Training Seminars

Emotion-Focused Therapy For Couples

EFT-C has been extensively researched and is a leading evidence-based couple therapy model

Learn how to:
- Use emotions as a pathway to change
- Help couples break free from negative interaction cycles
- Promote both self and other soothing to foster a secure emotional bond
- Integrate attachment theory and affective neuroscience into your practice of couple therapy

For a copy of a recent article by Leslie Greenberg summarizing EFT-C e-mail jamie@edwardspsychotherapy.com

Jamie Levin-Edwards, Psy.D.
Charles Edwards, Ph.D.
503.222.0557
Social Work Reinvestment Initiative (SWR) Update

By Susanna Rempel, MSW Intern

Oregon SWR Taskforce

The Oregon SWR Taskforce has been meeting every other month in 2009-2010 to report on its subcommittees and to discuss broader issues as it relates to the SWR initiative. The taskforce has a retreat planned for the spring to set goals and priorities for 2010-2011.

Stakeholder Engagement

The 2nd Annual “Future of Social Work” Event will take place at the end of February. Look for a report in the next issue! To date, there are nearly 60 registered and the day promises to be full of great presentations, discussion, networking and fun. In addition to coordinating this event, the Stakeholder Engagement Subcommittee will be conducting an internal/external stakeholder analysis and preparing recommendations for 2010-2011 SWR priorities.

PR & Marketing

The PR & Marketing Committee just completed a survey of membership and students to help guide their efforts this year. Thank you to our 228 respondents, your feedback has been incredibly useful! The subcommittee will be looking into hiring a media and communications firm to assist in a targeted media campaign telling stories of social workers helping to navigate life’s choices. In addition, we will be issuing a statewide press release about social work month and encouraging our membership to submit letters to the editor to their community newspapers to promote the profession during social work month.

Recruitment

The Recruitment Subcommittee connected with the Oregon Counseling Association (ORCA) and discovered that hosting an event for school counselors in the spring was not the best way to use our resources. Instead, the committee was encouraged by the ORCA into exhibiting or sponsoring at the 2010 ORCA annual conference. While the committee learns more about this option, we will be moving forward with outreach to high school career centers and launching a NASW Speakers Bureau. Keep an eye out for an invitation to join the Speakers Bureau once it is announced!

Research

The Research Subcommittee continues to further analyze the responses of the workforce survey of Oregon’s social workers, conducted in fall 2008. They have drafted a paper to various publications, and will be submitting a proposal present the findings at various professional conferences. The information will also be used to support legislative efforts, such as a loan relief program for social workers. In addition, the Research Subcommittee is working with all social work education programs in Oregon to develop a standardized alumni survey instrument and timeline so that we can continue to collect workforce data at the state level.

If you are interested in participating in the Oregon SWR Taskforce or a specific subcommittee, contact me at susanna.rempel@gmail.com, and I will connect you with the appropriate person.

---

The Portland DBT Trauma Recovery Program is a research-based treatment program designed for individuals who have experienced traumatic events in their lives, often, but not exclusively, during childhood and usually in the context of relationships. This program offers a biosocial/multimodality approach to trauma treatment which includes:

- Individual Exposure Therapy
- PTSD Education Group
- Down-Regulation/Grounding Group
- Yoga for Trauma Group
- Peer Exposure Group
- Medication Management
- Family Couples Therapy

For more information please visit our website at www.PortlandDBT.com or call 503-290-3291
Member Spotlight

NASW Member Joseph Gallegos
Recipient of the World Arts Foundation, Inc.
Lifetime Achievement Award

On January 18, 2010, NASW Member and Past President Joe Gallegos received the Lifetime Achievement award by the World Arts Foundation, Inc. This award is given to acknowledge individuals in our community who have given the greater Portland metropolitan area a higher quality of life through exemplary service. The awards segment was part of the 25th “Keep Alive the Dream” tribute event to celebrate the life and work of Rev. Dr. Martin Luther King, Jr., and was co-hosted by Portland Mayor Sam Adams.

Dr. Gallegos is the Director of the Social Work Program at University of Portland. In addition to being a Past President of NASW Oregon Chapter, Dr. Gallegos is President of the American Leadership Form and Past President of Catholic Charities of Portland.

Private Practice Handbook
2009 Edition Now Available!

Contents:
- General Practice Issues
- Private Practice Issues
- Ongoing Practice Issues
- Closing Practice Issues
- Financial Considerations
- Documentation
- Legal and Safety Considerations
- Supervision & Consultation
- Ethical Considerations
- Resources
- References
- CD (Sample Forms)

Fees:
- $30 NASW Members
- $40 Non-Members
- Plus $4.95 Shipping & Handling

To order the handbook, visit:
http://nasworegon.org/resources/private-practice-handbook/

DEEPEN YOUR THERAPEUTIC WORK
USING THE EXISTENTIAL HUMANISTIC PERSPECTIVE

May 22, 2010  ■  Portland, OR  ■  Bob Edelstein, LMFT, MFT

Learn to work powerfully with presence and resistance within the intra-psychic and interpersonal fields.
Explore therapeutic interventions using Existential Humanistic qualities, attitudes, and skills. (6 CEs pending)

For More Information or To Register:
Bob@BobEdelstein.com  ■  503-288-3967

ERICKSONIAN APPROACHES TO BRIEF HYPNOTIC PSYCHOTHERAPY

Multi-level Training available through
The Milton H. Erickson Institute of Portland

Contact Bart Walsh, LCSW
(503) 293-1811
On September 8th, as the healthcare debate raged in Congress, I joined a group of five doctors from Oregon to embark on an historic road trip through the heartland of America, arriving on September 30th at the doors of Congress and the White House. Other doctors, nurses, social workers and concerned citizens joined our caravan for varying lengths of time.

Our mission was to promote single-payer health insurance as a fiscally conservative, affordable way to provide universal health care to the 47 million Americans who are currently uninsured; to improve coverage for the many millions more of us who currently have catastrophic insurance at best; and to help every insured American cope with declining benefits accompanied by increasingly high premiums, deductibles and co-pays. A single payer system is built on a single risk pool with “everybody in and nobody out.” We believe a single payer health care system is the only means to lasting, substantive health care reform for the United States.

More than 6,000 persons attended the 46 rallies and town halls we held in churches and union halls, in universities, public parks and arts centers. Our journey took us from Sequim, Washington to Portland to Seattle and on to Spokane, Bozeman, Idaho Falls, Pocatello, Salt Lake City, Fort Collins, Denver, Des Moines, Mankato, Minneapolis/St. Paul, Madison, Gary, Bloomington, Nashville, Louisville, Xenia, Yellow Springs, Detroit, Chicago, Toledo, Pt. Clinton, Cleveland and Pittsburgh before arriving at a rally at Lafayette Park across from the White House on September 30.

We heard heartbreaking story after story of the crushing impacts of the lack of health insurance on human lives. Some of the most moving stories will be included in a full-length documentary of our campaign.

We asked President Obama to do two things: 1) meet with us so we could share with him what we have learned in our travels, and 2) appoint a White Ribbon Commission consisting of public health experts and health care professionals—but no health insurance or pharmaceutical corporation representatives—to compare health care systems throughout the world and to develop a uniquely American system that will provide access to health care for every American. We posted our requests on our website and asked supporters to contact President Obama in support of our requests.

President Obama has not yet met with the Mad As Hell Doctors. From our perspective he has missed the opportunity to make history by bringing us healthcare reform we can believe in.

Might a “White Ribbon Campaign” help spark the continuation of the civil rights movement? Dr. Martin Luther King, Jr. put it this way some 40 years ago: “Of all the forms of inequality, injustice in healthcare is the most shocking and inhumane.” His words continue to resound today. In communities throughout the nation concerned and angry citizens are placing flowers and lighting candles at city halls and in front of health insurance company offices—mourning the 45,000 persons who die needlessly in the United States each year from lack of health insurance. They are tying white ribbons to symbolize the hope for enactment of single payer health care legislation that will prevent these unnecessary deaths. And increasingly, protestors are putting their bodies on the line, being arrested for civil disobedience. Perhaps an aroused citizenry can even reclaim the democratic structure of the United States.

Bill Whitaker is a retired professor of social welfare from Boise State University. He lives in La Grande, OR where he is active in local and state issues and politics, single-payer advocacy and work to mitigate the effects of global warming on climate change. He may be contacted at wwhitak@boisestate.edu or 541-663-1358.

Full information about Mad as Hell Doctors is found on www.madashelldoctors.com A short video about the MAHD Health Care-a-Van is found on www.madashelldoctorsvideo.com

For comprehensive information about single-payer health programs see Physicians for a National Health Program (PNHP) www.PNHP.org

Published articles from NASW members do not reflect the views, opinions, or endorsement of NASW Oregon Chapter.
THE AVAMERE SIGNATURE NETWORK

PERSONALIZED SERVICES FOR "55 & BETTER"

- Home Health & Home Care
- Retirement Living
- Assisted Living
- Rehabilitation
- Skilled Nursing
- Memory Care
- Hospice

Life this good

A V A M E R E

1.877.AVAMERE | avamere.com

To learn more about our services, call the Avamere Signature Advisor at 1.877.282.6373
Earn 6 CEs at Home!

**DVD: The Many Facets of Addiction**

*Presented by Claudia Black, MSW, Ph.D.*
*Sponsored by NASW Oregon Chapter; filmed in Portland on March 13, 2009*

Addiction is a critical factor in the preponderance of work with families and individuals. In this dynamic presentation, nationally renowned author Claudia Black addresses the many facets of addiction, including trauma, co-occurring disorders, multiple addictions, abandonment and family impairment. She will also discuss critical treatment issues and offer a variety of intervening strategies for social workers and allied professionals.

**To rent the DVD, visit:**


**Group Rates Available.**
For more information, contact Kathy Blakeman at [kb@nasworegon.org](mailto:kb@nasworegon.org) or 503-452-8420.

Please allow 5-10 business days to process your order. Once your order is processed, you will receive a set of four DVDs, a post test and a prepaid return envelope. The DVDs and completed post test must be returned to NASW within 30 days. Your CE certificate will be issued within two weeks.

---

**Earn 6 Ethics CEs at Home!**

**DVD: Boundary Issues and Dual Relationships in Social Work**

*Presented by Dr. Frederic G. Reamer*  
*Filmed in Portland on March 2, 2007*

Is it ever appropriate for social workers to maintain relationships with clients after services are terminated? Should social workers ever disclose personal information to clients? How should social workers respond to gifts and social invitations from clients, or handle unexpected encounters with clients? Using extensive case material, Dr. Reamer provides a comprehensive overview of boundary issues and dual relationships that arise in various human service settings. Participants will learn how to identify and respond constructively to complex boundary issues, protect clients, prevent professional malpractice, and avoid liability.

**To rent the DVD, visit:**


**Group Rates Available.**
For more information, contact Kathy Blakeman at [kb@nasworegon.org](mailto:kb@nasworegon.org).

Please allow 5-10 business days to process your order. Once your order is processed, you will receive a set of four DVDs, a post test and a prepaid return envelope. The DVDs and completed post test must be returned to NASW within 30 days. Your CE certificate will be issued within two weeks.
Other CE Offerings

Mar 5 Energy Techniques for Practitioners, 9am-4:40pm, Sponsored by Suellen Willi, LCSW. COST: $110, 6 CE hrs. 2576 New Hope Rd., Grants Pass, OR 97527 541-479-1544

Mar 5, 6 The Aligned Self, 9am-4:30pm, NLP Institute of Oregon. 11 CE hrs. COST: $195, Masonic Center, 570 Clover Lane, Ashland, OR 541-535-5932

Mar 5, 6 Spirit of the Enneagram, 9-6 PM Both days. Sponsored by Sacred Art of Living Center. $250, 13 hrs. Held at St.Charles Hosp., Bend, OR 541-383-4179

Mar 12 & 19 Sexuality, Intimacy & Aging, 8:00am-3:30pm. Sponsored by Health ED. Held in: Portland, OR & Bellevue, WA. COST: $179. 6 hrs. 800-839-4584

Mar 12 Resolving Phobias & Traumas, 9am-4:30pm. Sponsored by MHREN, 6 CE hrs. COST: $80. Ashland Masonic Center Ashland, OR. 541-973-9673

Mar 13 Breast Cancer Issues, 9am-3:45pm. Susan G. Komen. 4.75 CE hrs. COST: $60. Oregon Convention Center, Portland, OR. 1-800-404-8241

Mar 19, 20 Sacred Art of Living and Dying, Unit 2, 9 am-6 pm. Redmond, OR. Repeats: April 30-May 1, Salem, OR, Sponsored by Scared Art of Living Center. Cost: $350. Approved for 15 CE hrs. 541-383-4179

Apr 9, 10 The Aligned Self, 9:00-4:30 pm. Sponsored by NLP Institute of Oregon. Cost: $195, 11 CE hrs. Masonic Hall, 570 Clover Ln., Ashland, OR. 541-535-5932

Apr 22, 23 Powerful Tools for Caregivers, 8:00am-5:00pm. Reed College, Portland, OR. Sponsored by Legacy Caregiver Services. COST: $200. Approved for 12.75 hrs. 503-413-7652

Apr 23 Dialectical Behavioral Therapy in the Treatment of Substance Abuse, 9:00am-12:00pm. Cedar Hills Hospital, Beaverton, OR. Sponsored by Cedar Hills Hospital. COST: No Charge. Approved for 3.25 hrs. 503-535-7204

Apr 23-25 SoulCollage Facilitator Training, Sponsored by SoulCollage LLC. Held at Counseling Services of Portland, 12132 SE Foster Pl, Portland, OR. Cost: $599. 20.25 hrs. 503-224-3318

Apr 29 Maintaining Ethical Boundaries in a Small Community, 8:30am-5:00pm. Sponsored by NW Center for Counselor Development. COST: $100-$155. Holiday Inn Express, Astoria, OR. 503-436-0766

Jun 9 Borderline Personality: Loving the Difficult Client, 9:00am-12:00pm. Held at Cedar Hills Hosp. Beaverton, OR. Sponsored by Cedar Hills Hospital. COST: No Charge. Approved for 2.75 hrs. 503-535-7204

For a full listing of CE workshops approved by NASW, visit our new web site: http://nasworegon.org/continuing-education/ce-offerings-approved-by-nasw/

NASW, Oregon Chapter’s Continuing Education application fees (as of Jan 1, 2010) are:

<table>
<thead>
<tr>
<th>Hours of CE credit</th>
<th>regular applications</th>
<th>non-profit and not charging</th>
</tr>
</thead>
<tbody>
<tr>
<td>1-16 hours</td>
<td>$155</td>
<td>$80</td>
</tr>
<tr>
<td>17-25 hours</td>
<td>200</td>
<td>100</td>
</tr>
<tr>
<td>26-55 hours</td>
<td>250</td>
<td>125</td>
</tr>
<tr>
<td>56-99 hours</td>
<td>300</td>
<td>150</td>
</tr>
<tr>
<td>100-150 hours</td>
<td>350</td>
<td>175</td>
</tr>
<tr>
<td>151-200 hours</td>
<td>400</td>
<td>200</td>
</tr>
<tr>
<td>Repeat of conference (within 1 year)</td>
<td>50</td>
<td>25</td>
</tr>
</tbody>
</table>

Applications are to be submitted 4 weeks (20 business days) prior to the date of the conference. Completed applications received 2 weeks (10 business days or less) before the date of the conference will be assessed a late fee of $25. Please call the chapter office at 503-452-8420 if you have questions.

For more about opening minds: www.oregonpsychoanalytic.org (503) 229-0175

Spring 2010 - March/April/May www.nasworegon.org NASW OREGON CHAPTER • Page 21
Employment Ads:  For a listing of current employment opportunities, please visit:
http://www.nasworegon.org/classifieds/job-listings/

Employment

Make the most of your job search

Find the job you’re looking for on JobLink, NASW’s online social work employment network.
Take control of your job search and career today!
- Personalize your job search and find the right job for you.
- Get an extra edge over the competition.
- Join NASW to post your résumés and attract top social work employers.
- Quickly apply for your favorite jobs online with just one click.
- Set up job search agents and have new listings emailed directly to you.

Go online today at www.socialworkers.org to take advantage of the new NASW JobLink Career Center.

Federal employees can support NASW Foundation, CFC #12538, in the 2008 Combined Federal Campaign (CFC). This pre-tax deduction is a great way to support charitable and educational social work projects.

Learn more about the NASW Foundation and its work at www.NASWFoundation.org.

DO YOU OR PEOPLE YOU KNOW WORK FOR THE FEDERAL GOVERNMENT?

From the President . . .

workers. We also advocated for the beer tax, which would have fully funded addictions services in this state. We advocated against cuts to vital human services, advocated for increasing the corporate minimum tax, and for juvenile justice reform. We also lobbied the Insurance Commissioner and legislative allies with concerns about significant cuts to reimbursement rates for mental health providers.

While social workers often identify themselves as clinical or macro, there is room in the NASW for both. We can successfully lobby and advocate on behalf of both sides. The criticisms from both sides are misperceptions and do not reflect our current legislative actives and our mission. We need both clinical and nonclinical social workers and macro practitioners in the NASW. Using the metaphor I learned in graduate school, we need to pull people out of the Charles River, but also need to find out and change why they ended up there in the first place.

I’m pleased to announce two exciting things that I’m involved in. I’ve been appointed by the Governor to serve as the social services representative on the Health Services Commission. I was confirmed by the state Senate last month. While reviewing which OHP diagnoses and procedures are covered is perhaps not exciting work, it’s critical to represent those clients with mental health and addictions issues. I was honored to be selected for this position. The second item I would like people know about is that I am running for the Region XII position on the National NASW Board of Directors. I’ve decided to run, in part, to continue carrying out the innovative work that the Oregon Chapter is doing. Electronic ballots go out in March—please make a difference and vote.

Free Risk Management Hotline For All NASW Members

A free risk management hotline is now available to all NASW members, as well as professional liability insurance policyholders. The hotline specializes in risk management information to help members avoid licensing board complaints and malpractice law suits. Call 800.421.6694 for more information.
Join the National Social Worker Finder

If you are a licensed social worker, make sure that individuals, families and allied professionals in your community can find you when they need help. To register, visit:
http://www.naswfoundation.org/socialWorkFinder.asp

Welcome New Members

The Oregon Chapter wants to welcome the following new members who joined NASW. We thank you for your membership and look forward to getting to know you.

- Susanna Rempel
- Nina Walker
- Anne Thompson
- Karen Wegner
- Sarah Greorio
- Galen Phipps
- Mariel Grimord-Isham
- Erin Busby
- Nikki Hozack
- Katherine Lafrenz
- L Renee Daniel
- Kathleen Madore
- Kathryn Patrick
- Holly Berman
- Molly Finnegan
- Melissa Severn
- Lisa Johnson
- Peter Davis
- Kathleen Behan
- Anchanette Fleming
- Carol Churchill-Dicks
- Elizabeth Holler

From the Executive Director

cont’d from page 3

our MSW intern, Susanna Rempel. In February, we hosted the second annual “Future of Social Work” event in Portland. We are also working with a PR firm on a targeted media campaign this year, and will be promoting social work as a career choice through outreach to high school career centers and counselors.

In addition, we have many great workshops lined up for the spring, and will be bringing back Dr. Reamer in the fall for an ethics keynote event. We hope to see you at an event in the near future!

In closing, we are accepting nominations for our open Board positions through March 31st, 2010, (see announcement on pg. ) and I encourage you to consider running for the Board or getting involved in another capacity. We are a member-driven organization, and I want to offer my sincere thanks to our members, our volunteers, and our hard-working staff.

Enjoy the spring, and all that this transitional season has to offer.

Be well, Stacey
stacey@nasworegon.org
NASW OREGON CHAPTER • Page 23
Are you a Rural Professional Interested In Expanding Your Practice to Include Children with Autism?

Here’s exciting news of an empirically-supported program in the treatment of autism--Teaching Social Communication to Children with Autism: A Practitioner’s Guide to Parent Training and a Manual for Parents by Anna Dvortcsak, MS, CCC-SLP and Brooke Ingersoll, PhD.

The Autism Treatment Network at OHSU’s Child Development and Rehabilitation Center received a grant from Autism Speaks to share the Teaching Social Communication program with rural providers. Working in collaboration with The Oregon Center for Children and Youth with Special Health Needs, they are sponsoring a series of free webinars on the program. Participants will gain an understanding of the importance of parent training for children with autism, an overview of the intervention strategies encompassed in the program, and detailed information on how to implement the intervention that will allow them to expand their practice to include children with autism.

Under the guidelines of the grant, enrollment will be limited to 30 rural professionals who are not currently working with children with autism spectrum disorders but who are interested in expanding their practices to do so. Professionals may include:

- social workers, counselors, and psychologists
- occupational therapists, physical therapists, and speech and language pathologists in private practice

All that is needed to participate is access to the internet and headphones, speakers or a phone line. The sessions run from 8am-10am on April 22, 23, 29, 30, and May 6 and 7. Participants are asked to attend all 6 sessions for a total of 12 hours. Certificates of attendance will be provided to participants.

Here’s another benefit! The program manual, Teaching Social Communication to Children with Autism: A Practitioner’s Guide to Parent Training and a Manual for Parents will be provided at no cost to participants. It’s valued at $72.

If you are interested in helping to increase rural autism services for children and their families and would like to register for the webinar series--or if you just want more information--contact Marilyn Berardinelli at 503.418.1485 or by email at berardin@ohsu.edu.

As a Social Worker...
You are exposed to many potential malpractice lawsuits.

Be smart – protect yourself, your livelihood, and future ability to help others!

Here are some FACTS about your safety net …

NASW Assurance Services Sponsored Professional Liability Insurance:

FACT You can apply for liability coverage amounts of $1,000,000 per claim/$1,000,000 aggregate per year or as much as $2,000,000 per claim/$4,000,000 aggregate per year.

FACT The cost of $6 a month (or even less) for the first year is the best value in the marketplace.

FACT You can tailor flexible coverage options to meet your needs - it’s perfect for independent contractors, private practitioners, exclusively employed individuals, partnerships, corporations, schools, students, and more.

FACT This program insures the largest pool of social workers worldwide, so you’ll have the added security of strength in numbers for rate stability and claims experience.

FACT The NASW Professional Liability rates have not increased in over 15 years.

FACT Online policy renewal with convenient credit card payment option is now available.

You can apply now, with no risk.

Just call the American Professional Agency, Inc. and ask for the Social Work Department at (800) 421-6694

To get more information online and download an application, visit www.naswassurance.org.

The program is created and overseen by Social Workers exclusively for Social Workers.

The NASW Assurance Services Sponsored Professional Liability Coverage is underwritten by American Home Assurance Company and Granite State Insurance Company in CA, both A rated companies, rated by A.M. Best. © 2009 National Association of Social Workers. All Rights Reserved.
**ADS**

**Beautiful, private** psychotherapy office in the Pearl Waterfront available evenings, Tuesday mornings, Thursday afternoons, and Friday afternoons. Furnished waiting room and consultation office. Cost is $400 a month for all the days mentioned or negotiable depending on hours wanted. Includes phone and fax. Call Kathy (503) 224-5241.

**Portland Sublet** - Beautiful, bright, newly furnished office, nice city views, waiting room. Easy downtown location. SW 12th & Morrison. Thur, Fri, Sat, Sun available. $135/day entire month. 503-227-8774 marel.p@comcast.net

**Office to share** in charming old Portland house on NW 20th and Overton. Second floor office, shared waiting room, building used by other MH providers and healing practitioners. Many day, evening and weekend times available. Call Carol at 503 519-4298 for more info.

**COLLABORATIVE SUPERVISION** towards LCSW or LPC licensure. 20+ years experience. Areas of expertise include addictions, anxiety, depression, grief/loss, women’s issues. Strengths-based. Affordable. Kayla Leopold, LCSW www.kaylaleopold.com 503 860-0656

**Portland Sublet** - Beautiful, bright, newly furnished office, nice city views, waiting room. Easy downtown location. SW 12th & Morrison. Thur, Fri, Sat, Sun available. $135/day entire month. 503-227-8774 marel.p@comcast.net

**Delightful Ashland** Cottage, sleeps 1 or 2. Living room/bedroom, full bath, mini kitchen, deck, lots of extras, $85 nightly. Call or e-mail Adrienne at 541-482-8185 or afanjet@jeffnet.org

**Beautifully furnished office and group room** off Stark Street. Many windows, public transportation route, off street parking. $100/day/Month (utilities included). Info. - Contact Dale 503.708.9853, or Dale_Nader@msn.com.

**FURNISHED PSYCHOTHERAPY** office @1934 Broadway available to share: Other healthcare practitioners in-house, one year lease. $350/mo. 503 280-1101.

**Cozy 2 bedroom** beach house in Otter Rock. Fully equipped, sleeps six. Quiet, private. Partial ocean view. Walk to 2 great beaches. No smoking. $90/night. 503 650-2310.

---

**NASW Oregon Chapter 2009 Advertising Rates**

<table>
<thead>
<tr>
<th>SIZE</th>
<th>Width x height</th>
<th>Single Issue</th>
<th>Two Issues 10% Discount</th>
<th>Three Issues 10% Discount</th>
<th>Four Issues 10% Discount</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/8 Page</td>
<td>(3.625&quot;x 2.375&quot;)</td>
<td>$55</td>
<td>$99</td>
<td>$140.25</td>
<td>$176</td>
</tr>
<tr>
<td></td>
<td></td>
<td>$49.50</td>
<td>$89.10</td>
<td>$126.23</td>
<td>$158.40</td>
</tr>
<tr>
<td>¼ Page</td>
<td>(3.625&quot;x 4.9&quot;)</td>
<td>$95</td>
<td>$171</td>
<td>$242.25</td>
<td>$304</td>
</tr>
<tr>
<td></td>
<td></td>
<td>$85.50</td>
<td>$153.90</td>
<td>$218.03</td>
<td>$273.60</td>
</tr>
<tr>
<td>½ Page</td>
<td>(7.5&quot; x 4.9&quot; or 1 col. Vert.)</td>
<td>$175</td>
<td>$315</td>
<td>$446.25</td>
<td>$560</td>
</tr>
<tr>
<td></td>
<td></td>
<td>$157.50</td>
<td>$283.50</td>
<td>$401.63</td>
<td>$495</td>
</tr>
<tr>
<td>Full Page</td>
<td></td>
<td>$275</td>
<td>$495</td>
<td>$701.25</td>
<td>$880</td>
</tr>
<tr>
<td></td>
<td></td>
<td>$247.50</td>
<td>$445.50</td>
<td>$631.13</td>
<td>$792</td>
</tr>
<tr>
<td>Classified Ad</td>
<td>30 words or less: May contain hyperlinks</td>
<td>$30</td>
<td>$54</td>
<td>$76.50</td>
<td>$96</td>
</tr>
<tr>
<td></td>
<td></td>
<td>$27</td>
<td>$48.60</td>
<td>$68.85</td>
<td>$86.40</td>
</tr>
</tbody>
</table>

Add $25 for non-camera ready ads.

NASW members receive an additional 10% discount on all advertising rates (as shown above).
If we don’t tell our story, who will?  

Every day, millions of people are helped by a social worker. You do make a difference. And it’s time to let the world know. It’s time to tell your story.

Help make this historic campaign a reality.

*Donors of $50 or more will receive a Professional Social Worker pin. Donors of $1,000 or more will receive a 14kt. gold limited edition Professional Social Worker pin. This pin recognizes social workers as educated, experienced and ethical. Wear it to show your commitment to the social work profession.

Yes, I am committed to the Public Education Campaign.

Donate $50 today in celebration of NASW’s 50th Anniversary. Help make this campaign a reality.

$50

Enclosed is my tax-deductible contribution of:

* $50 (suggested donation)  * $100  * $250

* $1,000 (limited edition 14kt. gold pin for $1,000 donation)  

$ _____ All contributions are appreciated.

Name:_______________________________________

E-Mail:______________________________________

Address:_____________________________________

(city will be mailed to this address)

City:__________________State:____Zip Code:_____

Please make checks payable to the NASW Foundation (note Public Education Campaign in the memo line of your check)

Please charge my:  

Visa/MasterCard

American Express

Account Number______________________________

Exp. Date_______Signature_____________________

For additional information, or to contribute online, visit www.naswfoundation.org or call 800.742.4089.